# en MOUNTAIN





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# **O5** Stunning natural surroundings

#### ANDORRA, A NATURE DESTINATION

Andorra is a special country with a personality of its own. We offer strikingly beautiful landscapes, where **the mountains are the main attraction for both sports enthusiasts and those who love to be surrounded by nature**, enjoying the animals and plants that live there.

The deepest valleys lie between peaks of almost 3,000 metres, like Comapedrosa and Estanyó. In this small country where even the city of Andorra la Vella stands 1,000 metres above sea level, on a plain through which the Valira River also flows. A truly idyllic setting where **city and nature combine to offer many opportunities for leisure** and entertainment for anyone visiting Andorra.

In fact, the chance to do outdoor activities in such strikingly beautiful surroundings is one of Andorra's main attractions.

Would you like to go further, and dive into a natural area of unique beauty? The Madriu-Perafita-Claror Valley, a UNESCO World Heritage Site, is a magical destination for fans of ecotourism. Here, you can lose yourself in one of the richest landscapes you could possibly imagine, you can take a hike or horseback ride and discover unique places.

You also have the chance to discover the Three Pyrenees Nations Park, one of the largest crossborder protected areas in Europe, made up of the High Pyrenees Natural Park, Ariége Pyrenees Regional Natural Park, Sorteny Valley Nature Park and Comapedrosa Nature Park. Ordino has just been named a Biosphere Reserve by UNESCO.

Let's not forget that Sant Julià de Lòria is the first parish in Andorra to receive a certification that highlights its sustainability efforts as a tourist destination and is now part of the largest international network of destinations committed to the 2030 Agenda and the 17 SDGs.

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#### **ORDINO, BIOSPHERE RESERVE BY UNESCO**

## Ordino, an extraordinary valley to experience nature and the mountains in their pure state

A recognised Biosphere Reserve by UNESCO since October 2020, Ordino is one of the areas of the Principality of Andorra that has best been able to preserve and respect the natural environment. Ordino represents an example of the integration of modern society into the countryside through the division of its parish into eight towns and cities in which the traditions and customs of rural life coexist with state-of-the-art facilities, a sustainable public transport service and quality hotels and restaurants designed for the whole family. The natural landscapes can be enjoyed all year round, allowing outdoor sports enthusiasts to find an ideal place to train in the Ordino Valley.

## The Vall de Sorteny Nature Park, a paradise of colours in full bloom.



www.visitordino.com

Protected natural areas



#### SORTENY VALLEY NATURE PARK - BIOSPHERE RESERVE

A recognised Biosphere Reserve by UNESCO since October 2020, the Sorteny Valley Nature Park is a unique opportunity for those interested in nature and who want to discover more about the 800 species of flowers and plants found there. The area is also very rich in fauna, with chamois, roe deer, marmots, and pine martens populating the park. This valley is also home two of Andorra's tallest peaks, rising nearly 3,000 metres: l'Estanyó and la Serrera.

#### **Discover the Sorteny Valley**

You can easily explore this park on your own, but if you want to learn more about some of its most interesting aspects you can do one of the interpretive trails highlighting butterflies, birds or wetlands. A visit to the **Grau de la Llosa viewpoint** at 2,035 m above sea level is also highly recommended for its views, its toposcope and relaxation area.

#### Vegetation

The park contains two vegetation zones—alpine and sub-alpine—where you can discover black pine forests and many wetland areas home to species like the Pyrenean brook salamander, carnivorous plants, and eye-catching plants like orchids and cotton. The alpine meadows are also used for livestock activity. You can find part of the plant diversity of the different environments of the high mountain areas in a botanic garden, with access for the disabled.

#### Fauna

The park is also very rich in fauna. **Amphibians, reptiles, mammals and birds** can be found here. Insects are also prominent, particularly a wide variety of butterflies. It's a great place to see birds like the rock ptarmigan, golden eagle, short-toed snake eagle and bearded vulture. Remember that you can find Borda de Sorteny, a renovated refuge with accommodation, catering services and tollet facilities

services and tolict facilitie.

www.refugisorteny.com.

#### HOW TO GET THERE



CG-3 towards Ordino Arcalís. After the village of Serrat, take the CS-370.

Public transport in summer.

Improve your experience with the aid of professional guides: + info on Page 100

www.sorteny.ad





#### MADRIU-PERAFITA-CLAROR VALLEY

In 2004, this valley was **declared a cultural landscape by UNESCO World Heritage**, a privilege attained by only 112 cultural landscapes in the world. Informative activities aimed at all audiences are organised every summer, details of which can be found on the website.

Located in the south-eastern part of the Principality of Andorra, **it includes the parishes of Encamp, Andorra la Vella, Sant Julià de Lòria and Escaldes-Engordany**, representing no less than ten percent of the entire country.

As you cross the 12 kilometres of the valley, you'll come across wonderful landscapes and a wide variety of flora and fauna, with some very rare species and others in danger of extinction.

This valley will also stun you with its cultural heritage: the traditional cottages, the restored shepherds' huts, the field boundary walls and, above all, the cobblestoned path corresponding to part of the GR7 and GR11 trails.

#### The Coronallacs Trail

This is one of the most attractive trails in the country, and part of it passes through this valley. It's a round hiking route that **connects the four renovated refuges in Andorra**, covers 92 kilometres and is packed with spectacular views. It can be completed in about five days and is designed so that the traveller spends one night at each refuge.

The trail starts in Escaldes-Engordany, in the centre of the Principality, and offers varying levels of difficulty along the route. We recommend that you book your accommodation in each refuge in advance, when preparing your trip.

#### Sports activities

This valley provides a wide range of options enabling you to enjoy the outdoor life doing sporting activities. Hiking, horse riding through the area, climbing, legally-regulated hunting and fishing, and a wide variety of winter sports, like snow-shoeing and ski mountaineering, are other attractions for visitors to this valley.

#### HOW TO GET THERE



Different access routes. CG2 and take the road to Engolasters (CS200) at the first roundabout. Take the CG-2 to Encamp and at the Funicamp roundabout, take the Cortals d'Encamp road. **Discover it with professional guides: + Info Page 100** 

www.madriu-perafita-claror.com

**L'Illa Shelter (manned)** Tel.: (+376) 775 776

refugidelilla@refugidelilla.ad · www.refugidelilla.ad Portal de la Vall (visitor centre)

c/Prat de la Creu, 74-76 baixos (edf. Comunal) - Andorra la Vella Tel. +(376) 823.000 portal@madriu-perafita-claror.ad



#### COMAPEDROSA NATURAL PARK

Located in the north-west of the Principality, this nature park is home to the country's highest peak l'Alt del Comapedrosa (2,942 metres) and offers high mountain landscapes of surprising beauty.

To get to know Comapedrosa, follow the park's trails and visit the **Comapedrosa Visitor Centre**, which offers all kinds of information about this nature area. As a point of interest, it is worth noting that the park offers a geocaching service, designed so that visitors can use GPS to discover the area's most singular spots.

The park managers can offer you many different options for getting to know the park better, such as following the interpretation trail, which provides information, in a safe and accessible manner, about the area's characteristics from a physical, biological and human viewpoint. They also organise guided visits into the park.

It is also worthwhile following one of the paths and trails that criss-cross the park, such as the Pla de l'Estany trail.

A visit to this park will give you the opportunity to gaze upon incredibly beautiful scenery, from various lookout points, such as **Sabina rock**. This panoramic viewpoint lies at the foot of the pistes of the Arinsal ski station, almost 1,900 metres above sea level. There's an orientation panel with a panoramic photograph of all the different elements in the landscape, from both a geological and a scenic perspective.

Don't forget that the park offers a service for guided visits on foot or horseback, led by professionals, which will help you to discover the most striking places in the area.

#### HOW TO GET THERE



Take the CG-4 to the end of the village of Arinsal. Improve your experience with the aid of professional guides: + info on Page 100

#### Refuge Comapedrosa Tel. (+376) 32 79 55 www.refugicomapedrosa.ad

#### Comapedrosa Interpretation Centre (CIC) Ctra. d'Arinsal, 78, Ed. del Quart, Pb. AD400 Arinsal Tel. (+376) 837 111 cic@comumassana.ad·www.comapedrosa.ad



#### VIEWPOINTS

If you're travelling through Andorra by car, you'll find **36 roadside panels** designed to help you discover some of the most beautiful and interesting landscapes in the country.

	CANILLO	6	ENCAMP
La vall d'Incles		Pas de la Casa	
<b>Q</b> CS270, km 3	<b>▲</b> † 1.840 m	CG-2, km 28. Under the Grandvalira circuit	<b>▲</b> † 2.310 m
2	CANILLO	7	ENCAMP
El collet de Montaup		Cim port d'Envalira	
<b>Q</b> CS240, km 6	<b>▲</b> † 1.946 m	CG-2, km 27 (views of the La Vall d'Orient)	<b>▲</b> ↑ 2.408 m
3	CANILLO	8	ENCAMP
Mirador del Roc del Q	uer	Grau Roig	
<b>Q</b> CS240, km 6,5	<b>▲</b> † 1.913 m	CG-2, km 22,5. (next to COEX building)	<b>▲</b> ↑ 2.150 m
4	ENCAMP	9	ORDINO
Encamp		El planell d'Encodina	
<b>Q</b> CG2, km 6 - 7	<b>▲</b> † 1.374 m	<b>Q</b> CG3, km 19	<b>▲</b> † 1.722 m
5	ENCAMP	10	ORDINO
Els Cortals d'Encamp		La font de la Navina	
오 CS220, km 6 - 7	▲t 1.923 m	<b>O</b> CS340, km 7	<b>▲</b> t 1.800 m

	ORDINO	17 Mirador Roca de la sabin	LA MASSAI
Mirador del coll d'Ordir	10	CS413, km 4	d
오 CS340, km 10	<b>▲</b> † 1.630 m	(42.551533, 1.454258)	<b>▲</b> † 1.896
12	ORDINO	18	LA MASSAI
Mirador de Tristaina	OKDINO	Mirador de La Font de Be	
• CG3, km 21	<b>▲</b> ↑ 2.701 m	♥ CG4, km 9,4 (42.536812, 1.481461)	<b>▲</b> † 1.786
13	ORDINO	19	LA MASSAI
Mirador balcó d'Ordino		Vista Panoràmica Coll de	la botella
CS340, km 4,7	<b>▲</b> ↑ 1.946 m	♥ CG4, km13,3 (42.551533, 1.454258)	<b>▲</b> t 2.050 r
14	ORDINO	20	LA MASSAN
Mirador Grau de la Llos CS370, km 3 + mountain Planell del Quer: X: 5358 36362.742822	path to the	Mirador Església Romànic Cristòfol d'Anyós Carretera d'Anyós, CS310, km 2 (42.534960, 1526045)	
CS370, km 3 + mountain Planell del Quer: X: 5358 36362.742822	ordino	<ul> <li>Cristòfol d'Ànyós</li> <li>Carretera d'Anyós, CS310, km 2 (42.534960, 1526045)</li> </ul>	<b>▲</b> † 1.350 r
CS370, km 3 + mountain Planell del Quer: X: 5358 36362.742822	ordino	<ul> <li>Cristòfol d'Ànyós</li> <li>Carretera d'Anyós, CS310, km 2 (42.534960, 1526045)</li> <li>21</li> </ul>	▲↑ 1.350 r LA MASSAN
CS370, km 3 + mountain Planell del Quer: X: 5358 36362.742822	ordino	<ul> <li>Cristòfol d'Ànyós</li> <li>Carretera d'Anyós, CS310, km 2 (42.534960, 1526045)</li> </ul>	▲↑ 1.350 r LA MASSAN
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<ul> <li>CS370, km 3 + mountain Planell del Quer: X: 5358 36362.742822</li> <li>Mirador del poble d'Ord</li> <li>Carrer d'Antoni Fiter i Rossell nº 2</li> <li>Mirador vall d'Ordino</li> </ul>	ORDINO CRDINO ORDINO ORDINO ORDINO	<ul> <li>Cristòfol d'Ànyós</li> <li>Carretera d'Anyós, CS310, km 2 (42.534960, 1526045)</li> <li>21</li> <li>Vista Panoràmica Berenad de Beixalís</li> <li>Carretera d'Anyós, CS310, km 8 (42.530038, 1.545856)</li> </ul>	▲↑ 1.350 ( LA MASSAN dor de Colla



23	ANDORRA LA VELLA	26	SANT JULIÀ DE LÒRIA
El pont de la Margineda		Coll de Jou	
<b>Q</b> CG1, km 5	<b>▲</b> ↑ 937 m	<b>Q</b> CS140, km 3	<b>▲</b> ↑ 1.140 m
24	ANDORRA LA VELLA	27	SANT JULIÀ DE LÒRIA
Roc dels Senders		Coll de la Plana	
• Ctra. de la Comella	<b>▲</b> † 1.300 m	<b>Q</b> CS-131, Km 7	<b>▲</b> ↑ 1.512 m
25	SANT JULIÀ DE LÒRIA	28	SANT JULIÀ DE LÒRIA
Prats Gavatx		Riu Runer	
🛇 CG6, km 5 - 6	<b>▲</b> ↑ 1.317 m	<b>Q</b> CS-130 Km 8,7	<b>▲</b> ↑ 1.550 m



29	SANT JULIÀ DE LÒRIA	33 ESCAL	DES-ENGORDANY
Canòlich		<b>Circuit de les Fonts</b>	
<b>Q</b> CS-600, Km 4	<b>▲1</b> 1.635 m	<b>Q</b> CS200, km 5 - 6	<b>▲</b> † 1.645 m
30	SANT JULIÀ DE LÒRIA	34 ESCAL	.DES-ENGORDANY
Sant Serni de Nagol		Sa Calma	
• CS-120, Km 2,8	<b>▲</b> ↑ 1.150 m	• Av. Sant Jaume	<b>▲</b> † 1.117 m
31	SANT JULIÀ DE LÒRIA	35 ESCAL	DES-ENGORDAN
Solanes de la Peguera	I	Mirador de Sant Jaume	
<b>Q</b> CS-131, Km 8	<b>▲</b> t 1.585 m	Sant Jaume d'Engordany Church	<b>▲</b> ↑ 1.100 m
32	SANT JULIÀ DE LÒRIA	36 ESCAL	.DES-ENGORDAN
Camp Ramonet		Mirador de Sant Romà	
• CS-130, Km 17	<b>▲</b> t 2.500 m	Sant Romà dels Vilars Church	<b>▲</b> † 1.131 m



#### **INCLUSIVE TOURISM**

Andorra is criss-crossed by roads that allow tourists to discover its history and the best-kept secrets of its rich natural heritage.

Here, we suggest **some of the main routes through Andorra, designed to be accessible for people with any type of physical disability.** Everyone can, and should, get to know the fantastic natural and cultural treasures of Andorra.

More options at visitandorra.com.



#### **CIRCUIT OF LES FONTS - ENGOLASTERS, ESCALDES-ENGORDANY**

This circuit for blind or visually handicapped people was the first of its kind in Andorra. One of the aims of this project was to promote the area of Engolasters in terms of tourism and leisure activities, as well as introducing its natural beauty to tourists of all kinds. The circuit was adapted with the help and advice of the office of ONCE (the National Organisation of Spanish blind people) in Lleida.

One of the key points of this circuit is the use of materials and colours in areas where the route changes, to help people with impaired sight anticipate the presence of possible obstacles in their path.

The specially adapted path covers almost 1,200 metres, and stretches from **the circuit of les Fonts to the rest point at Corralets**. The whole route is 2.8 km in total, and can be covered in little more than an hour and a half without difficulty.

Along the route, you'll come across 4 natural springs, with a truly magical beauty. The first, and one of the most notable, is the fountain of les Ordigues.

#### HOW TO GET THERE



CS200, KM 5-6





Trail adapted for the visually impaired.



#### NATURLAND, SANT JULIÀ DE LÒRIA

Naturland is an outdoor activities centre which combines leisure and active tourism in its facilities located in La Rabassa in Sant Julià de Lòria. It is open almost all year round and it adapts its activities and services to each season.

In this fully-equipped and safe environment, you can take part in mountain activities, always surrounded by forest, flora and native fauna. In winter, the activities on offer change, with the sector at 2000 m above sea level converted into a cross-country skiing, snowshoeing or snowmobile area where visitors can explore the paths and forests in the heart of some unparalleled landscapes. New mountain ski circuits are also available. Distance: 1 km (round trip) Ground type: hard soil, concrete Difficulty: minimal

#### HOW TO GET THERE



Take Ctra. General 1, then Ctra. de La Rabassa (Level 2,000)

Please consult seasonal timetables in the Customer Services Department. Tel: (+376) 741 444 booking@naturland.ad



#### THE ANCIENT TRADES ROUTE

Sant Julià de Lòria offers this interesting 300-metre trail that passes by the works of Philippe Lavaill, an artist whose **sculptures represent ancient trades, such as the charcoal burner or smuggler.** 



**Difficulty:** Medium. No wheelchair access. **Ground type:** soil.

#### HOW TO GET THERE



Take Ctra. General 1, then Ctra. de La Rabassa (Level 2,000)



The park offers guided tours. Please consult seasonal timetables in the Customer Services Department. Tel: (+376) 741 444 booking@naturland.ad



# 1 Outdoor activities

#### ANDORRA, INFINITE ACTIVITIES

Are you looking for excitement? Do you like outdoor adventure activities?

In Andorra, you can try out more than 20 different outdoor sports and activities, at amazing venues designed for you to enjoy active tourism. The best way to combine contact with nature, and physical activity, with a huge serving of fun!

The wide range of multi-adventure activities includes **climbing routes**, **via ferratas**, **canyoning and adventure trails**... A thrilling range of possibilities at your fingertips!

If you're looking for activities to immerse yourself in nature, we've also got activities for you, such as wellness walks and forest bathing.

Are you visiting Andorra in the winter? If you like sports and enjoy extreme experiences with low temperatures... then get ready to **make igloos, take a dog sled ride, or drive a snowmobile...** Everything you could possibly imagine!

- 20. Hiking
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- 40. Horse rides
- **43.** Bicycle touring and mountain bike routes
- 45. Fishing
- 47. Golf and Pitch & Putt
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#### HIKING

You can even take small children hiking along Andorra's trails. Andorra has officially authorised routes which ensure that you can enjoy beautiful scenery in total comfort and safety. And if you take a walk with a professional guide, you'll be able to find out all about the wildlife, plants and history of the countryside you're passing through.

Don't miss the chance to go for a moonlit walk - with the right equipment of course.

#### PROFESSIONAL GUIDES (p. 100):

1

100% Natura Andorra 3000 Mountain Guides Boscúria CM Experience Epic Andorra Esports Altitud **Ensagents Aventures** Experiència en muntanya Feel Andorra Guies Muntanva Adictes Guineu Blanca Isard Wildland La Moixera, Educació Ambiental MTB Aventures My World of Experiences

Natura i Aventura Naturland Tourist office Escaldes-Engordany Tourist office La Massana Tourist office Ordino Pal Arinsal Parc Natural de la Vall de Sortenv Pas a Pas Peu de Gat Roc Roi Visit Autèntica VSL Sport Xavi Bonatti Xplorand

#### **GR (LONG-DISTANCE) TRAILS**

If you really want to get to know Andorra, you have to travel the country on foot. Each step will take you deeper into its **amazing scenery and allow you to discover its best-kept secrets.** 

The country has many different paths and trails that lead you to its mountains, lakes and nature parks via signposted routes.

#### GRP

If you like walking in the great outdoors, the **GRP (Andorra's long-distance trails)** will be your guide to discovering the true essence of the country. Its 120 kilometres and 8,000 metres of cumulative elevation gain make up a route that is divided into seven stages of between 12 and 20 kilometres at most each. Along this route, you will find 30 refuges, 6 of them manned, where you will be able to rest and continue the walk at your own pace.

Do you want to know more about these trails? The topographical guide "Andorra GRP, la volta a tot un pais" ("Andorra GRP, a tour around the whole country") and the Map of Andorran refuges and long-distance trails will provide you with all the information you need about the various routes through the country's mountains.

### Andorra's GRT cross-border long-distance trails

From Spain to Andorra, passing the refuges at Comapedrosa, Vall Ferrera and the Étang Fourcat on a route ranging between three and five stages. If you follow the **3 Nations Route**, you'll pass through Ariège, the Catalan comarque of Pallars and Andorra. You'll also



travel through the Comapedrosa Natural Park, the l'Alt Pirineu Nature Park, and the Ariège Pyrenees Regional Nature Park.

The **Lakes Route** is a long-distance trail that starts in Soldeu or l'Hospitalet-près-l'Andorre and ends at the Siscaró refuge. The lake route is a long-distance path that goes from Soldeu or l'Hospitalet-près-l'Andorre to the Cabana de Siscaró refuge, passing the refuges of Juclà and Ruhle.

#### HRP (Hight Route of Pyrenees)

One of the most complete trails through Andorra. If you walk along it, you'll join it from the west of Andorra, through Port de l'Arbella and follow the GRT of the Three Nations Trail until you reach the town of El Serrat.

From here, you'll continue on the GRP of the Sorteny Valley Nature Park up to the Manegor Valley, where you can link up with the Lakes Route.

You'll pass the renovated refuge in Juclà going towards Siscaró and Port Dret and enter Solana

d'Andorra.Then you follow the path along the Coll dels Clots until you reach France. From here you can descend to Hospitalet-prèsl'Andorre as far as the refuge in Les Bésines.

You will take about 2 to 3 days, depending on your pace and which refuges are open.

#### GR7

A trail that offers spectacular views, thanks to an **altitude difference of as much as 2,000 metres.** It forms part of the European route E-4, which passes through Andorra for some 40 km, from the east to the south.

#### GR11

This route is known as the **Grand Tour of the Pyrenees and The Pyrenean Path**. If you want to do the whole route, you should know that it includes 47 stages, no less, and isn't confined to Andorra. In fact, it crosses the Pyrenees from Cape Higuer on the Cantabrian Sea to Cap de Creus in Girona, and passes through the valleys of Andorra on the way. Are you up for it?

#### Others routes

*El Camí del Retrobament* (The Road of the Reencounter) joins the French town of Auzat with La Seu d'Urgell. Therefore, you'll cross the whole of Andorra.

The **Bear route** (camí de l'Ossa) takes you through the parishes of Encamp and Escaldes-Engordany on a circular route that takes 2 days.

**Estripagecs:** A challenge for mountain lovers, to summit the six most emblematic peaks of Ordino and see their "estripagecs" structures.

**Walls of Water** is a series of trails taking in the five natural lakes that serve as hydraulic reservoirs.

Cal Pal is launching the **dry stone routes**, a series of itineraries with this ancient building technique as the common theme, allowing you to discover different spots in Andorra that are of great natural, architectural and scenic interest. More info: https://www.primerapedra.com

#### Tomb Lauredià consists of six routes:

- · 2 easy (4 km)
- · 2 medium (8 km)
- · 2 difficult (16 km)

These routes make it possible to explore much of the cultural and natural heritage in Sant Julià de Lòria.

**Cub a Cub (Post to Post).** Five routes designed for families where you can discover: the local trades, livestock, biodiversity, dry-stone constructions and the forest in the parish of La Massana. The posts feature illustrations providing explanations with images and drawings of key aspects of the area so that you can discover the surroundings of the themed route.

The **Ruta dels Orris** is a sweeping trail through different orris (dry stone huts) in the high mountains of Encamp, divided into three routes. Along this route, you'll see the places where shepherds lived, getting an up-closeand-personal look at these remains found amidst magnificent high mountain landscapes.

> Dowload "Andorra active tourism"





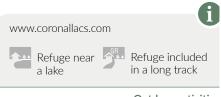
#### REFUGES

Have you decided to do one of the hikes we've suggested? If so, then you should know that Andorra has **30 refuges - 6 of them manned** - which play a key role in all of these routes. Thanks to these refuges, you can consider routes taking several days through the country's mountains and valleys, knowing that you can count on comfortable accommodation and all the services you need to rest and recover before starting out again.

The refuges are carefully maintained and refurbished regularly by the Andorran government, and can accommodate between 5 and 50 people.

#### La Coronallacs

This circular walking route connects four of Andorra's six manned refuges. The route covers a total of 92 kilometres of mountain scenery with spectacular views and is divided into five long stages. Each one covers a distance of between 13 and 22 kilometres, an average of 18.4 km per day, which is fairly demanding for walkers.





 $\star \star$ 

**Guarded refuge** Comapedrosa

#### MASSAN

AD400 La Massana, Tel.; (+376) 327 955 www.refugicomapedrosa.ad G.P.S.: Long. 01:27:00 Lat. 42:34:44

 $\star$ 



Guarded refuge de Juclà

#### CANILLO

Vall d'Incles, AD100 Canillo Tel.: (+376) 678 145 / (+376) 753 600 refugideiuclar@gmail.com www.refugideiuclar.com G.P.S.: Long. 01:42:59 Lat. 42:36:27



Guarded refuge Natur Refugi **Cortals de Sispony** 

A MASSANA

Ctra. dels Cortals de Sispony, AD400 La Massana Tel.: (+376) 738 363 Fax: (+376) 836 500 direccio@hotelmarcopolo.com G.P.S.: Long. 01:29:11 Lat. 42:31:37



ORDINO

Camí de Sorteny, El Serrat, AD300 Ordino Tel.: (+376) 846 446 / (+376) 392 234 refugi@refugisorteny.com www.refugisorteny.com G.P.S.: Long. 01:33:53 Lat. 42:37:21



**Guarded refuge** Borda de les Reineres d'Incles

 $\star \star$ 

🗅 Incles. AD100 Canillo Tel.: (+376) 322 844 / 325 261 tonnaudi@soldeu.ad www.refugi-borda-naudi.com G.P.S.: Long. 01:40:50 Lat. 42:36:07



Vall del Madriu-Perfafita-Claror AD200 Encamp Tel.: (+376) 775 776 refugidelilla@refugidelilla.ad · www.refugidelilla.ad G.P.S.: Long. 01:39:26 Lat. 42:29:42

#### Outdoor activities



#### Non guarded mountain huts

Mountain hut de l'Angonella	G.P.S.: Long. 01:29:45 Lat. 42:36:29
Mountain hut de Rialb	G.P.S.: Long. 01:33:43 Lat. 42:38:25
Mountain hut de Comaubaga	G.P.S.: Long. 01:33:04 Lat. 42:36:24
Mountain hut de la Vall del Riu	G.P.S.: Long. 01:36:50 Lat. 42:35:44
Mountain hut Cóms de Jan	G.P.S.: Long. 01:38:22 Lat. 42:37:06
Mountain hut de Cabana Sorda (it has a dry toilet)	G.P.S.: Long. 01:40:23 Lat. 42:36:41
Mountain hut de Siscaró	G.P.S.: Long. 01:42:24 Lat. 42:35:42
Mountain hut de la Portella	G.P.S.: Long. 01:43:16 Lat. 42:34:19
Mountain hut de Ribaescorjada	G.P.S.: Long. 01:38:31 Lat. 42:34:03
Mountain hut Pla de les Pedres	G.P.S.: Long. 01:40:46 Lat. 42:33:13
Mountain hut Montmalús	G.P.S.: Long. 01:40:53 Lat. 42:29:57
Mountain hut de Fontverd (it has a dry toilet)	G.P.S.: Long. 01:35:43 Lat. 42:29:31
Mountain hut dels Agols	G.P.S.: Long. 01:36:35 Lat. 42:30:40
Mountain hut d'Ensagents	G.P.S.: Long. 01:38:34 Lat. 42:31:01
Mountain hut Riu dels Orris	G.P.S.: Long. 01:38:26 Lat. 42:29:06
Mountain hut de Perafita	G.P.S.: Long. 01:34:44 Lat. 42:28:47
Mountain hut de Claror	G.P.S.: Long. 01:33:53 Lat. 42:28:12
Mountain hut de Prat Primer	G.P.S.: Long. 01:33:03 Lat. 42:28:42
Mountain hut de Roca de Pimes	G.P.S.: Long. 01:32:11 Lat. 42:26:01
Mountain hut de Francolí	G.P.S.: Long. 01:25:37 Lat. 42:29:24
Mountain hut de Les Fonts	G.P.S.: Long. 01:28:47 Lat. 42:35:24
Mountain hut Pla de l'Estany	G.P.S.: Long. 01:27:40 Lat. 42:35:38
Mountain hut de Besalí	G.P.S.: Long. 01:32:98 Lat. 42:37:67
Mountain hut Collet Martí	G.P.S.: Long. 01:28:96 Lat. 42:28:14



#### **ECOTOURISM ROUTES**

The **flora and fauna** of Andorra are truly impressive, and with instruction from the country's top mountain experts, you can gain a different perspective on the Principality's landscapes.

Among other activities, these trips will allow you to watch **endangered species of birds**, such as the bearded vulture and the tiny goldcrest.

You'll also be able to spot **chamois and marmots**, and learn about countless species, many of which originate from this part of the Pyrenees.

You'll have the chance to **gather the wild mushrooms and woodland fruits** that are particular to this region, so that you can enjoy a different gastronomic experience trying out the most natural products that Andorra has to offer.

Andorra is also a place where families can do trips together, in the **Sorteny Valley**, for

instance, or along the ancient trades trail in Sant Julià de Lòria. The former is a low-altitude mountain route with more than 800 species of flowers, some unique to the Pyrenees.

If you're a more experienced hiker, we recommend you have a go at climbing up **Comapedrosa**, the highest peak in Andorra, standing at 2,942 metres.

Another of our recommended routes allows you to discover the beauty of the **Madriu-Perafita-Claror Valley**, a UNESCO World Heritage Site.

And we couldn't possibly go without mentioning the routes you can take around the Cirque of Pessons, the Incles Valley or the Enclar Valley, an area renowned for having the country's largest reserve of chamois.

Would you like to learn more about the Principality's flora and fauna? In **CENMA** (the Andorran Snow and Mountain Studies Centre),

you can receive specialised training on these topics, and take courses to become an expert in various aspects of the country's natural environment, such as ecology, ethnobotany, butterflies, and so on. Check out the wide range of courses offered by the centre to find out all the things you can learn, always in the company of professional experts.





#### Circ de Pessons glacier

Nature at its purest. If you visit the lakes of the Circ de Pessons glacier (the largest granite glacial cirgue in Andorra with its 18 lakes), one of the Principality's most iconic places, you'll get to see (marmots), frogs and birds, such as the Northern wheatear and the black redstart, as well as a great diversity of mid-mountain flora. What's more, it's also the gateway to the Madriu Valley, a UNESCO World Heritage site.

Accessed via the Funicamp cable car, taking the Solanelles 4x4 bus to the 1st of the Pessons Lakes, in July, August and September. Accessed by 😭 Encamp Tourist Office (p. 114). taking the Grau Roig 4x4 bus to the 1st of the Pessons Lakes.



#### The Campeà Forest

The **black pine** is the predominant species in this forest, located in the most shaded part of Els Cortals d'Encamp. You can see some very large specimens of this tree in the area. along with many rhododendron bushes.

One of the things you'll find most striking on this walk is the colour of the grass layer, which is full of species like the blue thistle.



Encamp Tourist Office (p. 114).



#### Alt del Griu

This 2,874-metre peak is home to **foxes and marmots**, whose calls ring out among the granite rocks.

If you're more interested in birds, then the presence of the ring ouzel will be an incentive to visit.

Encamp Tourist Office (p. 114).



#### Collada de Beixalís and Pic de Padern

Enjoy spectacular scenery with numerous birds of prey.

The Collado de Beixalís pass is at an altitude of 1,795 metres, at the border between the parishes of La Massana and Encamp.

A climb to the top of the Pic de Padern will give you a wonderful view over the parishes of Escaldes-Engordany and Encamp, and in particular, the **Madriu valley**. You'll also be able to look down on the Rivers Valira del Nord and Orient and see how they join to form the impressive Gran Valira, the Principality's largest river.



Encamp Tourist Office (p. 114).



#### Tristaina Glacial Cirque - Biosphere Reserve

An interpretation trail will help you discover the natural treasures of the Tristaina glacial cirque, teaching you about its flora and fauna, the lakes and the geological fault that passes through the area.

But the real star of Tristaina is, without doubt, the **stoat**. This small carnivorous mammal is one of the most charming inhabitants of the high mountains.

More information on guided excursions a Ordino Tourist Office (p. 114).

Outdoor activities



#### Estanyó Lake - Biosphere Reserve

This route will take you through one of the richest natural environments in Andorra. Apart from enjoying the **fantastic** views, you'll also be able to see archaeological remains and various high-mountain plant species.

The walk up to this glacial lake will take you past unique flowers, such as the European cinquefoil, and you'll enjoy the company of blue tits and crossbills, two birds that are common in this region. In the highest areas it is also common to see white partridges, bearded vultures and, regularly, golden eagles.

More information on guided excursions a Ordino Tourist Office (p. 114).



#### Following the trail of fauna - Biosphere Reserve

This route lets you discover many of the secrets of the Sorteny Nature Park. You'll pass through large wetlands and learn about the botanical importance of their nearly 300 plant species, see the remains of past livestock activity, and discover fauna through what they leave behind. You can also do some birdwatching at the viewpoint.

More information on guided excursions a Ordino Tourist Office (p. 114).



#### Lake Esbalçat - Biosphere Reserve

The trip from Castellar to Lake Esbalçat is a must for any nature-lover visiting Andorra. This short route will entrance you with the beauty of its surroundings.

The lake is situated in the parish of Ordino. It provides spectacular views of the area of Aracalís and the peak of Font Blanca.

More information on guided excursions a Ordino Tourist Office (p. 114).



#### Pla de l'Estany

This part of the Comapedrosa Nature Park has a magical beauty, enhanced by the sight and songs of many different birds, such as white wagtails, robins and tits.

More information on guided excursions a La Massana Tourist Office (p. 114).



#### **Pic dels Llacs**

This mountain on the border with Spain combines nature and history, as smugglers used to pass through here. Enjoy the incredible views from this peak, as well as the wide range of mountain plants and animals.

As the highest point of the Setúria valley, the peak affords an unparalleled view of this plateau, and the right-hand slope of the Tor valley. We recommend that **you do this route in the spring** to see the Pulsatilla vernalis in all its glory. Known as the spring pasqueflower, it is white on the inside, with lilac tones on the outside, and hairy leaves.

More information on guided excursions a La Massana Tourist Office (p. 114).



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#### Aigüesjuntes

A fairytale setting, brimming with fantasy, where waterfalls, ancient fir woods, violets and aquatic plants combine to create a stunningly beautiful landscape. This route goes from the forest of Aigüesjuntes to the Comapedrosa Natural Park. A perfect place to listen to the typical birds of the area, such as the goldcrest and song thrush.

If you're interested in the fauna of Andorra, take the trail that leads to the Pla de l'Estany river, the home of the Pyrenean newt, one of the amphibious animals that arouses the most interest.

More information on guided excursions a La Massana Tourist Office (p. 114).

**Outdoor** activities

3-4 h



#### Tomb de les Neres

This place is named after a centuries-old local term for witches.

This 8-kilometre walk will take you through some of the prettiest woods and meadows in Canillo, Encamp, Ordino and la Massana. A long outing, perfect for relaxing, getting in some exercise and enjoying the greenery.

More information on guided excursions a La Massana Tourist Office (p. 114).



#### Anvós. Padern forest

A complete tour which passes through a setting of outstanding natural beauty. The walk starts from the Romanesque church of San Cristóbal, a small architectural gem sitting on a hill.

The route also includes the Padern forest, full of red pines. and the Beixalís pass. Don't miss out on the incredible views you'll see during the trip!

More information on guided excursions a La Massana Tourist Office (p. 114).



#### The Enclar valley

The presence of a large population of chamois is one of the main attractions of the Enclar valley, which is one of the parts of Andorra most popular with visitors interested in the country's wildlife. Sant Vicenc d'Enclar is also home to an impressive range of wild plants, which you can see at their very best by visiting in the spring and summer months. You won't be able to take your eyes off the beautiful wild roses found in these parts.

Depending on the time of year, you'll also be able to view sparrowhawks, kites and peregrine falcons during your walk.









#### Obaga d'Andorra la Vella viewpoints

The viewpoints provide amazing views of Andorra la Vella.

This is an excursion without a very steep slope to discover the Roc dels Senders viewpoint, Bosc Negre viewpoint, Roc de Palomera and Roc de Solobre viewpoints.

The route will take us into Palomera forest, where we'll be able to see the characteristic plants and animals in this setting.

Guided tours during summer months.

Andorra la Vella Tourist Office (p. 116).

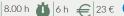


#### Tour of Fontverd

Fontverd lies at the heart of the Madriu valley, recognised as a World Heritage Site by UNESCO. This walk will take you through the area's forests and along its canals, as well as visiting the refuge.

This is a circular route of moderate difficulty. Bear in mind, though, that it is 13 kilometres long and will take 6 hours. The easy route makes it an ideal walk for the family to do together.

As a curious aside, you should know that the plants of the Madriu vallev were used in ancient times as natural remedies for the ailments of the local inhabitants



Escaldes-Engordany Tourist Office (p. 114).



#### LAKES

Discovering the **high mountain lakes of Andorra** is a unique experience that will give you a much better understanding of how the lands of the Principality have evolved.

The lakes are also incredibly beautiful, located in an unrivalled setting and home to a wide range of species.

Andorra has more than **80 lakes**, but here we'd like to pick out the 6 that are most important, both for their natural riches and the part they play in forming a privileged environment that is worth visiting to appreciate its spectacular beauty first-hand.

For anyone interested in active tourism, who also wants to discover the landscapes Andorra has to offer, a trip to the lakes is one of the prettiest and most memorable options. If you're considering a trip of this kind, it's important for you to have all the information available on the country's principal lakes.



#### Lake Juclà

This lake of 21.3 Hectares is the **largest lake in** Andorra.

Its intense blue waters will entrance you with their incredible colour and are certain to make you come back for another visit.



#### 2 Lake Moreno

You reach Lake Moreno by leaving Borda del Tresà and heading for the River Ensagents along a path surrounded by a forest of black pines, including some really huge specimens.

The lake, fed by a spring of underground water, is one of the most popular with visitors, who are also drawn by the beauty of its natural setting.



#### **3** Tristaina Lakes Circuit

The Tristaina lakes lie in one of the most typical natural regions of the Andorran countryside, and boasts some of the greatest variety of species, of both flora and fauna. Reaching the lakes and exploring the area is no problem, thanks to the easy access provided by the marked trail, which we advise you to follow, especially if you are travelling with children. This makes it the perfect outing for the whole family to do together.

One of the area's key attractions is the great range of wildlife and plants you can find by the lakes. Along the signposted trail, there are information panels telling you exactly which species you will come across during your walk. We should also point out that this is one of the most important natural habitats of the stoat in Andorra, and the mammal can be found throughout the lake region. A Biosphere Reserve since October 2020.



#### Black lake (estany negre) Comapedrosa Natural Park

The Comapedrosa is the highest peak mountain in the Principality of Andorra. The nature park of the same name includes this lake, which is of glacial origin, as are many others in the area.

This route will allow you to discover, first-hand, what the country's high mountain region is really like.



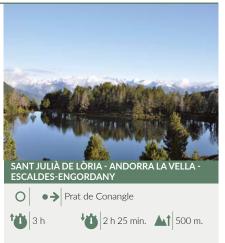
#### **Outdoor** activities

#### Lake de la Nou

Another of Andorra's major lakes, which you really must visit if you are exploring active tourism in the Principality.

The path here leaves the station at Naturland and reaches Port Negre and the Claror refuge, before leading you to the lake where you can take in the oasis of calm that it offers.

You can also enter from Andorra la Vella and Escaldes-Engordany.



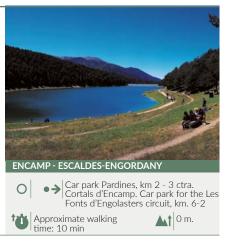
#### 6 Lake Engolasters

It's the perfect lake for enjoying a hike on a family holiday, as it can be **easily reached by children and adults alike**.

There are also restaurants and links to other walks, so that you can organise your own full day out in and around the high mountains of Andorra.

Although the lake lies in the parish of Encamp, it is also possible to get to it via Escaldes-Engordany.

Next to the lake, there's the Camí de les Pardines trail, which is about 3 km long. It offers views overlooking the town of Encamp and the Vall d'Orient, where you'll find a botanical garden and an old coal cellar.



**Outdoor** activities

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## WELLNESS WALKS AND **ACTIVITIES**

Andorra is the perfect destination to enjoy a few days of calm, nature and wellness! There are plenty of options and activities that will perfectly suit each person's needs, helping them to not only disconnect from everyday stress, but also to connect with themselves. re-establishing the balance to body and mind, to feel in perfect harmony.

#### MOMENTS: Wellness walks

These routes offer the chance for selfdiscovery. They are short, easy-access trails that are designed to disconnect from routine. An invitation to enjoy moments of calm and reflection

Forest and I: a route designed to build selfawareness. This easy-access trail is found in the woods of Canòlich. Booking is compulsory at the tourist information office.

**1** 2-3h €| €8 Easv PROFESSIONAL GUIDES

Tourist office Sant Julià de Lòria (p. 114) Tourist offices Andorra la Vella (p. 114) Be Forest (p. 107) World of Experiences (p. 107)

We are Tartera, a route to complete as a team and to work towards objectives. The trail is found in the Vall d'Enclar and goes through the scree in the area.

**i** 3h € €15

Moderate

Forest bathing: also known as Shirim voku. is a wellness activity that originated in Japan. It consists in walking through a natural environment in order to disconnect. This is an activity that's suitable for all ages, as it's done by walking through natural environments.

Awareness Hiking: enjoy a relaxing walk amidst nature, complemented by meditation, stretching exercises, chakra alignments, selfmassages, mantas and breathing exercises.



# TOURISM AND MOUNTAIN LIVESTOCK HANDBOOK

#### Recommendations

- ► Any gates that you come across on footpaths should be left as you found them (open or closed).
- ► Avoid straying off marked paths.
- ▶ If you come across any animals, try to leave as much space as possible as you pass them and do not make any noise. Keep a distance between you and any animals.
- ▶ Do not touch or stroke young animals, including foals and calves. The mother is likely to be close by and could attack you to defend her offspring.

- ▶ Keep your dog under control and on a lead.
- ► Do not carry bags in your hands (animals may react abruptly if they think that you are carrying salt).
- Do not feed animals.
- ▶ Do not frighten or chase animals.
- ▶ If you are travelling in a vehicle and you come across animals on the road (cows, horses), do not beep your horn, wait for them to move out of the way of their own accord. Do not ever try to force them to move, you could cause an accident.

#### SHEEP DOGS

You may come across sheep dogs whilst walking in the mountains. You should know that these dogs are trained to protect the flock. They do not attack, but rather try to dissuade you from getting too close. They may be large and strong, and they bark to instil respect. If they feel there is danger, they will put themselves between the threat and the flock and bark. If the person they perceive to be an intruder ignores this, the dogs may try to confront them, therefore:

#### ✓ Always:

Ignore sheep dogs.

Do not approach them and do not try to stroke them.

If you encounter a flock of sheep, keep your distance.

Be careful with conduct that may seem normal to you (trying to feed them, stroking them, taking a photo etc.). The dogs could interpret these actions as being aggressive.

If you come face-to-face with a sheep dog, stay calm and passive in order to reassure it.

If you have a pet dog with you, keep it on a lead; try to avoid it coming faceto-face with the sheep dog.



#### Coexistence



Mountain tourism is fully compatible with livestock farming as long as the environment and other users are respected.

Livestock farming is a traditional activity in our territory which gives life to the mountains.

Livestock farming contributes to preserving the landscape, keeping the mountains and pastures in good condition and preventing fires.

n the summer, we all enjoy being in the mountains, but for five months of the year it is the habitat of livestock animals. They eat there, they sleep there and they move across the land following ancestral pastoral routines.

Thoughtless attitudes, resulting from a lack of knowledge regarding the possible reactions animals may have to certain conduct should be avoided.

Department of Agriculture Tel. (+376) 875 717 agricultura@govern.ad





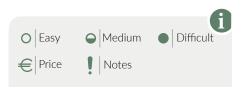
# HORSE RIDES

**Riding a horse through Andorra** is a unique experience that will give you the chance to discover some of the most impressive natural and historical sites in the country, first-hand.

If you are tempted by the idea of riding horseback as part of your tour through Andorra, there are many different clubs and riding schools that will provide you with a mount and, of course, help you improve your technique.

Also, professional guides highly experienced in this type of outing will advise you about the routes that you can follow to discover the essence of Andorra, on the back of a horse. Riding along ancient paths through forests, or any other route through the nature of Andorra, you'll find special hidden corners of this country from a very different perspective to travelling by car.

Come and enjoy outdoor adventures and experiences like this during your stay with one of two entreprises of the country.





#### Nòrdic Aventura Equestrian Centre

Located in Canillo this centre organises horse rides through Soldeu and El Tarter, always with the help of professionals to guarantee a safe and successful outing. For this, they also use Mérens horses, a typical breed of the high mountains which stands out for its stable footing on the type of terrain where these rides take place. These horses receive all the attention they need in the centre, to ensure that they are in the best possible condition to make the trip.







Nòrdic Aventura Equestrian Centre

Hotel Nòrdic AD100 El Tarter, Canillo

Foot of Grandvalira ski slopes Tel. (+376) 739 500 / 339 284 www.hotelnordic.com reserves@grupnordic.com

Outdoor activities

More information for reservations and schedules.



#### **Riding club l'Aldosa**

Backed by more than 20 years' experience, this **equestrian centre and riding school** is one of the best places to enjoy horses during your stay in the Principality of Andorra.

The centre's **Spanish cross-breed horses** have been chosen specially for their character and great ability to handle high-mountain terrain. In this way, you can count on having the very best type of horse for your rides around the mountains and valleys of La Massana. Are you going with children? Don't worry, the centre also has ponies and can organise an introduction to riding for the youngest members of the family. In this way, the whole family can discover the very best of la Massana on horseback.

Two of the most interesting excursions organised by the l'Aldosa club are the route of las Molleres and the Costas de Giberga, perfect for those who have no horse-riding experience, and the circuit around Anyós, which includes an amazing 1-km gallop!

Are you looking for something even more exciting? Then take an outing on **horseback through the Comapedrosa natural park** and the high mountains of the Pyrenees. On our suggested route, you ride all the way up to your refuge situated at **2200 metres above sea level**, a unique experience taking you past incredible scenery, all in the special company of your favourite animal.

Discovering the natural treasures of this park on horseback is, without doubt, the most original and personal way of appreciating its rocks, forests, streams, plants and wildlife, with your own eyes. Get ready to see lizards of all types and sizes.

throughout the Reservative vear. Reservation 8.00	pm 9.00 am (+		La Massana Tourist office (p. 114)	
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**Outdoor** activities

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## **BICYCLE TOURING AND MOUNTAIN BIKE ROUTES**

Many visitors wonder what would be the most memorable excursion for them to go on during their time in Andorra. It's a really hard question, because the options are practically limitless.

The marked mountain bike and e-bike cycle paths in the heart of nature will enable you to discover some of the most outstanding places in the Andorran mountains and valleys. But these not the only options for active tourism on offer in this country by any means. Andorra's **ski stations** are definitely one of the star attractions among the range of fun outdoor activities on offer. In winter, of course, they are the perfect base for fans of skiing and other winter sports. But the range of leisure activities they provide doesn't end there. In summer, they offer different options, becoming a hub for activities like karting or open-air freeriding, aimed at both adults and children.

They even organise bike tours into the high mountains, with hundreds of different routes



for cyclists of all kinds. And with a whole range of destinations. Doing a trip like this, you'll get to know the mountain passes and other natural treasures of the Andorran landscape.

Whether you're an expert cyclist or riding a mountain bike for the first time, you're bound to find a route to suit you.

We shouldn't forget that cycling is a sport with **deep roots in this country**, and there are various initiatives for promoting Andorra as a cycling destination. **The Bike Park La Massana** is a big project, aimed at ensuring that cyclists visiting the Principality can enjoy the various circuits specially designed for biking, with all the necessary conveniences. With categories like cross-country, off-route, four-cross, downhill... you're sure to have a fantastic day out. Just choose the type of biking you'd prefer and where you'd like to do it.

At the same time, if you're a keen cyclist but you prefer quieter routes, then you'll find areas for BMX and cycle lanes suitable for cycle touring. A more relaxing experience, no doubt, but just as satisfying when it comes to discovering the country's most memorable spots. In Escaldes-Engordany, between Serrat d'Engolasters and Coma del Favar, there is a 1,100 metre **mountain bike circuit**. The trail features three skills workshops, six mountain bike trial workshops, jumps, banked turns and wooden bridges. The circuit is a free public space where anybody, from beginners to experts alike, can mountain bike while discovering the richness of the natural environment.

Encamp has a wide range of signposted and 'tracked' mountain bike routes in the Solanelles, Grau Roig and Les Pardines area. There are a total of 12 different routes of differing levels; these include two easy routes, six medium-level ones and four which are classed as difficult. These routes range from a distance of 4 km to the longest, at 22 km, and include circular routes. The routes are designed to be able to do on MTBs, electric bicycles, Gravel, Enduro and All Mountain bikes.

You'll find detailed information about them in the road cycling map and the Mountain bike and e-bike map. Mountain bike and e-bike rentals (p. 103).



## FISHING

In spring and summer, Andorra is one of the favourite destinations for those who like fishing in the high mountains.

Salmon and trout, two genuine river fish, are the main species to be found in Andorra, in all their different varieties. If you like the sport, then we promise you that fishing in the lakes, rivers and streams of Andorra is an experience that you'll never forget.

It's worth mentioning the country's protected fishing, which offers controlled fishing along the free fishing lake sides and riverbanks. Two intensive fishing areas are defined, a limited fishing area and 11 catch and release zones.

Below you will find information on the intensive fishing zones and the dates they are open to the public:

**Engolasters Lake and the Os River:** from 14/03 to 12/11.

Tristaina Lakes: from 10/06 to 01/11.

The Pessons Circuit is a limited fishing zone established by the Andorran Government to control the amount of fishing practised there from 10/06 to 15/10.



#### List of catch and release zones:

#### Open from 14/03 to 12/11

- Gran Valira catch and release zone

## Open from 01/04 to 15/10 (rivers)

- Erts catch and release zone
- Encamp catch and release zone
- La Cortinada catch and release zone
- Incles catch and release zone
- Catch and release zone of Canillo

## Open from 11/06 to 01/11

- Catch and release zone of the middle Angonella lake

- The first Tristaina lake catch and release zone

- The Sorteny Valley and Estanyó lake catch and release zone

- The Canals Roges lake catch and release zone

- The first Pessons lake catch and release zone

- Catch and release zone of the middle Ensagents lake

# Other rivers open from 01/04 to 15/10 and lakes from 10/06 to 01/11.

#### Seasonal license

(includes fees for the Andorran Hunting and Fishing Federation):

## Andorrans and

# residents

 $59.10 \in$ Under 14: free Under 18:  $8.90 \in$ Above 65: 29.60 € Catch-and-release: 29.60 €

#### One-day license

22.10 € Under 14: 11.00 €

catch and release: 11.00 € Under 14: 5.60 €

#### Non-residents

132.80 € catch-and-release: 59.10 €

#### Bounded fishing area permits

Intensive fishing: 8.30 € Catch and release fishing: 2.20 €

Cercle de Pessons area: 8.30 € (maximum 4 captures)

Educational fishing under 14: 3.60 € (maximum 4 captures)

#### 2023 Prices

## PROFESSIONAL GUIDES (p. 106)



100% Natura





Ministry of Environment, Agriculture and Sustainability www.patrimoninatural.ad



# **GOLF AND PITCH & PUTT**

Andorra's mild spring temperatures make it the perfect place to practice outdoor sports, while you gaze upon the scenery and discover the country's incredible flora and fauna. All this, with the added benefit that Andorra's terrain is perfect for a wide range of sports.





Information: Tel.: (+376) 890 500 www.golfsoldeu.com

## **Golf Soldeu**

It may seem mad to consider **playing golf at over 2,000 metres above sea level**, but in Grandvalira you can do precisely that.

This Andorran ski station includes a golf course amongst its facilities, which can be reached by an 8-person cable car. With 9 holes and par 33, not only does it have all the requirements needed for a good game, but it also gives you the chance to enjoy amazing scenery while you play. A real luxury which any good golfer will find hard to resist.

Golf Soldeu also has a training centre, practice area and instructors, as well as a Club House serving excellent food accompanied by extraordinary views. A real high-altitude experience for sportsmen and women who love nature!





Vall d'Ordino P&P and Golf Club: Tel. (+376) 850 400 direccio@ordinopitchandputt.com www.ordinogolfclub.com

## Vall d'Ordino P&P and Golf Club

A few kilometres from Ordino, in one of the most beautiful valleys in Andorra and a Biosphere Reserve, you can also play golf on this small but complete 9-hole course. The facilities and layout, involving a gentle course with some amusing details, make it the perfect place both for expert golfers and beginners who need to get in some practice with the clubs. Of course, the incredible surroundings are an added bonus that help you to relax as you play your favourite sport.







**Pitch & Putt El Torrent:** Tel.: (+376) 738 613 Fax: (+376) 839 113 info@xixerellapark.com www.xixerellapark.com

#### **Pitch & Putt El Torrent**

Pitch & putt is a different concept of golf course, a smaller space that makes games more convenient for players, as they don't need to a lot of equipment to get around.

Pitch & Putt El Torrent is another way for you to enjoy some golf, whether you're a beginner or a professional.

The river running alongside the whole course lends a game of golf here a truly bucolic feel. Players can enjoy the incredible natural surroundings that are typical of the whole Principality of Andorra.





# **CLIMBING ROUTES**

The particular terrain and geographical location of Andorra make this country the ideal place for climbing. And there's the added bonus of its wonderful countryside, which makes an incredibly beautiful setting for enjoying the mountains, via ferratas and rock climbing walls.

#### PROFESSIONAL GUIDES (p. 102)



Andorra 3000 Mountain Guides Epic Andorra Ensagents Aventures Guies Muntanya Adictes Isard Wildland Natura i Aventura Tourist office Escaldes-Engordany Pas a Pas Xavi Bonatti

## Directions

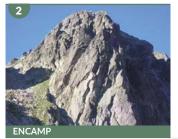


# Riu d'Urina Waterfall

One of Andorra's most exceptional rock climbing areas, above all due to its **spectacular waterfall**, **which passes through the centre of a wall of limestone rock**. Located near the village of Canillo, it is considered to be of medium-low difficulty. The climb has 12 equipped routes with self-expanding bolts.

12 routes - Difficulty: from 3 to 6a.

Follow the Canillo road until you reach the road that goes up to Mereig valley. Follow the road until the bend and park your vehicle. Cross the river and follow the path to the waterfall.



#### Pic de Ribuls

This peak in the Cirque of Pessons, in the area of Grau Roig, rises to 2,780 metres. This means that you'll be able to enjoy **pleasant temperatures**, when climbing in summer. The rocks are granite, with bolts and spits to help your ascent.

Pico de Ribuls offers four medium-difficulty climbing routes that you'll manage without problem if you already have a certain amount of experience in the sport.

4 routes - Difficulty: 5 to 6a.

From the Grau Roig station, follow the route to the first of the Pessons lakes then take the route to the left.



#### **Encodina Sector**

This climbing area is located a few kilometres from the resort of Ordino-Arcalís. Facing north-east at an altitude of 1,850 m, it is known for its **large face with two fissures**, which are a real challenge for climbers.

Due to its location, we recommend climbing Encodina in the spring or summer. You'll find thirteen routes of medium-high difficulty, on limestone-schist rocks with a light covering of lichen. **13 routes -Difficulty: from 4+ to 6c+** 

Encodina Plateau 2.5 km before Ordino Arcalís station. Cross the plateau to the picnic tables. Then follow the signposts to the river, cross over it and after a few metres, before reaching a grazing pasture, turn right along a well-signposted track that will take you to the foot of the first routes.



## **Roc dels Palinquerons**

Roc dels Palinquerons is the rocky base of the Uïna mountain ridge, by the Valira del Nord river bridge, at Santa Bàrbara. This section of rocky wall has a range of sports facilities for child beginners and for doing mountain activities, mainly climbing and via ferrata.

 $8 \ very \ low \ difficulty \ routes$  (grades 2 and 3) for children who are just started out.

It's located at the side of the Ral path, very close to Santa Bàrbara.

https://www.google.com/maps/@42.5562581,1.52999,19z



## Sant Antoni de la Grella

If you like climbing, you must try some of the routes in the two sectors of Sant Antoni de la Grella. With east-facing limestone rocks at a height of 1,150 m, this is a compulsory destination for all fans of high-altitude sports.

You'll be amazed by the area's natural beauty, particularly because of its setting alongside the River Valira del Nord. Its **18 routes of medium-high difficulty** are equipped with Parabolts and chemical anchors. **18 routes - Difficulty: from 5 to 7c.** 

From La Massana, go past the first tunnel and park in the car park you will find on the right. The trail will lead you to the tracks.



## Roc de la Coma d'Erts

It has **15 routes** and its difficulty is from 4 to 6a (medium).

Quart d'Erts, Carretera general 4, Erts- La Massana.



## Llastra de l'Obac

This is a fairly flat limestone rock with chemical anchors and a difficulty rating of moderate, in principle. However, due to the large amount of vegetation surrounding the rock, it's best to avoid this climb on wet days if you don't want problems with slipping.

3 routes - Difficulty: from 5a to 6b

ANDORRA LA VELLA

Take the Rec de l'Obac road from Avenue Tarragona. About a hundred metres beyond you'll see a road that leads to the climbs.



## Agulles d'Engolasters

Climb Agulles d'Engolasters and you'll be rewarded with an **impressive view of the valley of Andorra**. This climbing area is located in the parish of Escaldes-Engordany, near Lake Engolasters, and is formed by impressive needle-shaped granite rocks measuring up to 30 metres in height.

17 routes - Difficulty: from 4 to 6b

SCALDES-ENGORDANY

From Escaldes-Engordany, take the road towards Engolasters until the 6.3 km point, mark where you should stop your vehicle. Take the path on the left, a gentle path at first that slopes near the end. 15 minute walk.



ESCALDES-ENGORDANY

#### Coll Jover Boulder

Situated near Lake Engolasters, this area comprises granite walls up to 18 metres high, with a medium-high difficulty rating.

The five sectors forming this climbing area offer a total of **41** routes, equipped with chemical anchors. If you decide to climb here, don't forget that there's a picnic area with a supply of drinking water nearby.

#### 41 routes - Difficulty: from 4 to 8a

From Escaldes-Engordany, take the road towards Engolasters until the 6.3 km mark, where you should stop and park your vehicle. Follow the path until you reach the climbing areas.



## **CLIMBING WALLS**



#### **Canillo Climbing Wall**

A short distance from the village of Canillo, you'll find this **outside climbing wall, which is 33 metres high**. Before you start to climb, take note of the different areas it offers with levels of difficulty for experts and beginners.

Located outside Canillo on the same public road.

Outdoor climbing wall. - Tel.: (+376) 753 600



#### **Cortals d'Aventura Climbing Wall**

This climbing wall is located on the road to Cortals d'Encamp. It occupies a space of  $800 \text{ m}^2$  and stands 17 metres high. Explore its different areas and discover the various levels of difficulty the wall offers.

Take the Encamp road. Once you come to the gondola round point, turn onto the Els Cortals d'Encamp road until you reach the middle gondola station after 10 km. Open all year round Tel. (+376) 731 000



#### **Climbing Wall Pas de la Casa Sports Centre**

This 20 metre-high climbing wall (fee applicable) has no inclination at all. And because it's located **indoors**, you can climb at any time of the year.

ENCAM

Go to the town of El Pas de la Casa. The climbing wall is located in the town centre.

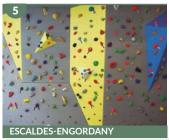
You must pay to enter. Open all year round. -Tel. (+376) 755 111



#### **Ordino Climbing Wall**

Sport and natural surroundings. This outside climbing wall offers you all these things, and stands out in particular for the great amount of sunlight it receives. Although only ten metres tall, it offers as many as **15 climbing routes with different levels of difficulty.** A fun climbing wall for both children and adults alike.

Free access.



#### Fiter i Rossell Climbing Centre

Modern multi-purpose sports centre suitable for all audiences and levels. The facility features a climbing area with 10 permanent routes, from beginners to a difficulty level of grade 7c, with a height of 6.5 metres, a width of 6.6 metres and a surface area of 110 square metres. One of the great new features of the climbing centre is the Moon Board, a climbing wall that uses lights to display different bouldering problems through a mobile app.

| Located at the Fiter i Rossell Social and Leisure Centre, floor -3.

You must pay to get in. Tel.: (+376) 890 884



## **VIA FERRATAS**

Do you know what a via ferrata is? This is a **climbing route equipped with all the elements you need to move over the rocks** and help you progress with the highest guarantees for your safety. There are **18 via ferratas** in Andorra waiting for you to experience the incredible emotions that this activity provides.

#### PROFESSIONAL GUIDES (p. 102)

- Andorra 3000 Mountain Guides Boscúria CM - Experience Epic Andorra Ensagents Aventures Experiència en muntanya Guies Muntanya Adictes
- Isard Wildland Natura i Aventura Tourist Office Escaldes-Engordany Pas a Pas Peu de Gat Roc Roi Xavi Bonatti





## Canal de Mora 1 and 2\*

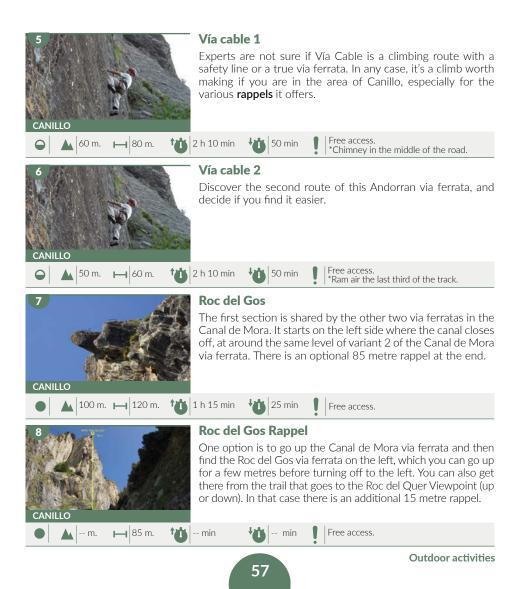
This via ferrata is located in the parish of Canillo. 400 metres long, with an altitude gain of 200 m, this is a **low-difficulty** climb. So you'll have no problem completing it, even if you don't have much experience in this sport.

Before attempting this via, you should be aware that there are two routes and that you may come across water or ice, depending on the time of year. Also bear in mind that there are no escape routes.

\*This is the second route up this via ferrata, which you can choose to get a different view of the Canal de Mora.



56







17 SANT JULIÀ DE LÒRIA	<b>Tossal gran d'Aixovall</b> This easy via ferrata is notable for its <b>urban</b> location and short length. It starts by the River Gran Valira and climbs the side of Tossal Gran.		
O ▲ 40 m. ⊣ 150 m. 10	1 h 25 min 🕴 Free access.		
18 ESCALDES-ENGORDANY	<b>Roc d'Esquers</b> One of the best-known via ferratas in Andorra, standing out for its <b>vertical sections</b> . It's a favourite amongst hikers and anyone who enjoys moving around at heights. At the end of the route, you come to a suspension bridge.		
○ ▲ 250 m. → 350 m. <sup>1</sup>	3 h 50 min 🕴 1 h 40 min 🚶 Free access.		



## CANYONING

If you want to discover the high mountains of Andorra from a different viewpoint, you must try sliding your way down one of its 5 ravines.

Rappelling, tobogganing or descending into the pool of a high-mountain river - these are some of the things you'll have to do if you decide to go canyoning in Andorra's great outdoors. An unforgettable experience that you will definitely want to repeat.

#### PROFESSIONAL GUIDES (p. 103)



Experiència en muntanya Guies Muntanya Adictes Roc Roi





#### **Canyons of Canillo**

In the parish of Canillo, you'll find some canyons that will let you enjoy great moments doing this sport.

The Toll Bullidor waterfall, the Torrent de la Canal del Grau canyon, the Cascades del Torrent d'Urina waterfalls, the Cascades del Clot d'Encarners waterfalls, the Cascada de Moles waterfall, the Gorga de Ransol gorge, the Cascades del Riu de Jan waterfalls, the Riu de Cabana Sorda river and the Cascades de Manegor waterfalls.

Information at the Canillo Tourist Information Office (p. 114). . www.canillo.ad



#### Torrent de l'Aviar Ravine

This ravine in Solá d'Encamp is suitable for you to experience the sensation of a descent. It is also situated in wonderful natural surroundings. So you'll be able to watch animals like the muflon in their own habitat.

▶ 280 m. → 850 m. 1 h 1 k 2 h I Near: Town of Encamp

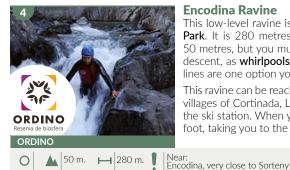


#### La Canaleta Ravine

Located between Arcalís and El Serrat, this is one of **Andorra's** high-level ravines.

This is an **open alpine** gully, with a drop of 150 metres. It has the longest rappels in Ordino and may be difficult to descend at some points. If you want to try it, the experts recommend checking the river flow after any rains and in spring, as some of the rappels are done in the water. The whole descent takes a maximum of 2 hours.

Near: Ordino-Arcalis



#### Encodina Ravine

This low-level ravine is situated very near the Sorteny Nature Park. It is 280 metres long and involves an altitude drop of 50 metres, but you must take care in the last pools during the descent, as whirlpools may form if the current is strong. Ziplines are one option you can use to avoid them.

This ravine can be reached easily from Ordino. Pass through the villages of Cortinada. Llorts and El Serrat and carry on towards the ski station. When you arrive, follow the path on the left on foot, taking you to the river and up to the ravine.

ORDINO Reserva de biosfera ORDINO ⊢ 400 m. 75 m.

# Segudet Ravine

If it's your first time canyoning, then you should descend the Segudet ravine, one of the most straightforward in Andorra. It's also ideal for families with children, although you must bear in mind that the narrowest stretch could be difficult if the current is strong.

Near: Village of Segudet



#### **Ensegur Ravine**

One of the ravines with a **high difficulty rating** that you can descend in Andorra. Located near Llorts, it is 1,700 metres long and descends 250 metres. Among other things, vou'll have to face small ramps, protrusions, slippery rocks, and very **cold water**. A real adventure for canvoning experts!

Near: Village of Llorts



#### ADVENTURE COURSES AND ZIPLINE PARK

Are you visiting Andorra with the family? Here you'll find a range of options for children and adults to have fun, thanks to the two large adventure circuits that have been set up in the area. These offer you the best possible combination during your stay: **privileged surroundings of great beauty and safe, modern facilities**, designed specially for sporting and outdoor activities.

#### PROFESSIONAL GUIDES (p. 101-102):



Bosc Aventura Bosc de Segudet Experiència en muntanya Circuit Aventura de Pal Arinsal Ensagents Aventures Grandvalira Torilina park VSL Sport





#### Permanent orienteering course

This is a permanent orienteering course that goes around the town of Ordino. It is approximately 5.5 km long with 350 metres of climbs and descents and it can be completed in about 1  $\frac{1}{2}$  to 2  $\frac{1}{4}$  hours, depending on how fast you walk. You'll need to get

a map from the Ordino Tourist Information Office beforehand.





ORDINO

Information and booking centre: Tel.: (+376) 847 888 www.experienciamuntanya.com

#### **Zipline Park**

Get ready to experience a taste of excitement high up in the Ordino forest. The facilities are designed to keep adventure and adrenaline lovers up in the trees until they complete the course, which features 12 ziplines with two difficulty levels, allowing you to fly more than 100 metres above the ground.

Not suitable for children under 10.

The forest also contains two simple via ferratas, and an area dedicated to fun activities for small children. The area is designed so that the **whole** 

family can have its moment of fun, enjoying outdoor activities in the heart of nature.





ENCAMP



Information and booking centre: Tel.: (+376) 385 077 www.boscaventurandorra.com

#### **Bosc Aventura**

Bosc Aventura stands in the middle of the forest beside Lake Engolasters, at the gateway to the Madriu Valley. It's a privileged environment.

The 3 circuits at this family fun centre promise more than 2 hours of excitement for children and adults, from 5 to 75 years old.

Are you after extreme thrills? Choose the **red** circuit, with its various catwalks, bridges and zip-lines. All of the circuits at Bosc Aventura combine aerial activities with others where the visitors move at ground level.



## **ROUTES THROUGH THE SNOW**

Another of the winter sports that you mustn't miss out on during your stay in Andorra is a **walk in snowshoes**, accompanied by professional mountain guides. There are routes of varying difficulty for you to choose from according to your physical condition, so that you can discover Andorra's unique nature spots in the snow.

Do you want to go one step further? You could take one of our **guided snowmobile or snow buggy excursions**, which leave from various points of the Principality and can be adapted to a range of driving abilities.

Can you imagine exploring the snowy mountains of Andorra by dog sled? These winter sports are some of the very special experiences you can enjoy during your stay.

#### PROFESSIONAL GUIDES (p. 108-109)

4x4 Andorra - Mushing Pirineus 100% Natura Andorra 3000 Mountain Guides Boscúria CM Experience Esports Altitud **Ensagents** Aventures Feel Andorra Gicafer Nature Experience Grandvalira Guies Muntanya Adictes Guineu Blanca Isard Wildland



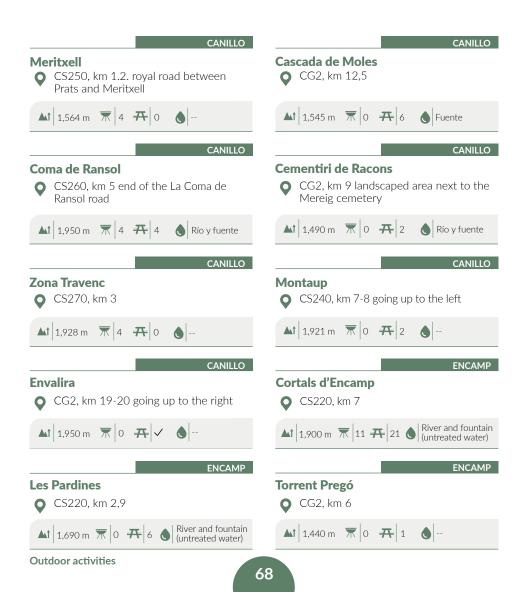
La Moixera, Ed. Ambiental MTB Aventures Mv World of Experiences Natura i Aventura Naturland Nepal Motos Ordino Arcalís Pal Arinsal Pas a Pas Peu de Gat Roc Roi Visit Autèntica Xavi Bonatti **Xplorand** 

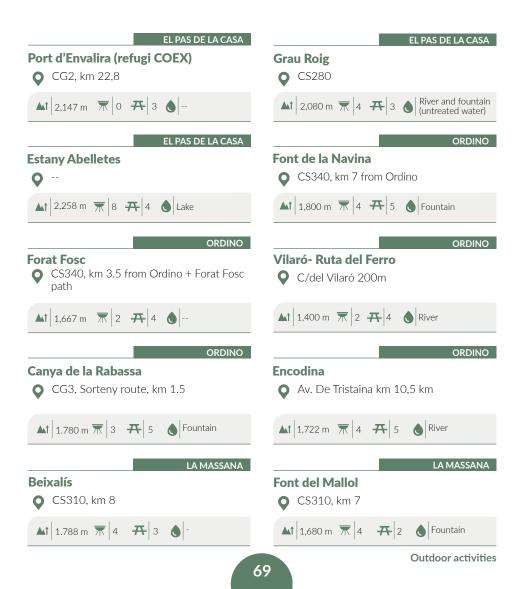


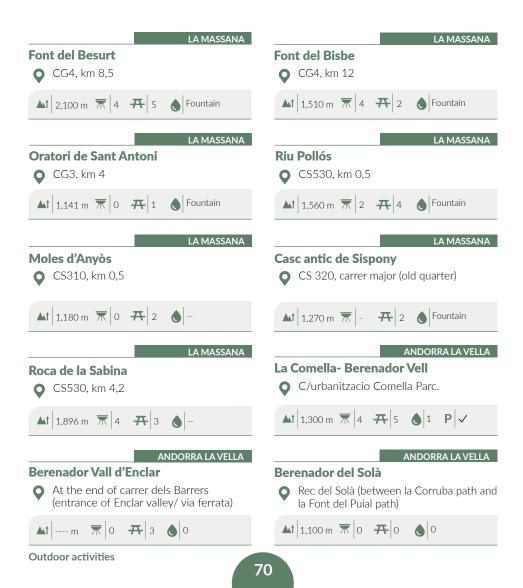
# **PICNIC AREAS**

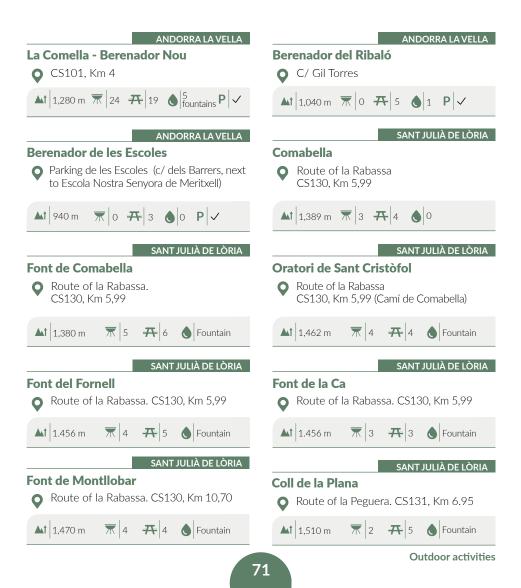
## Picnic area rules

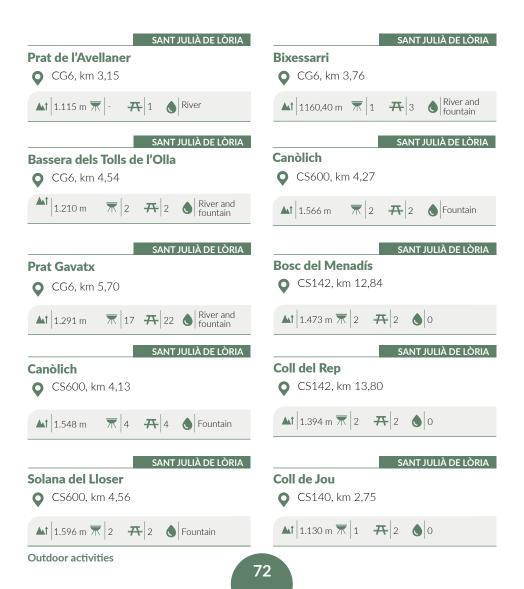
Respect the environment, fauna, vegetation and installations		
Deposit all waste in the proper bins		
No washing any utensils in fountains or rivers		
No taking branches from trees to make fires	<b>Q</b> Location	Tables
No uncontrolled dumping	Altitude	Water points
No disposing of waste	<b>T</b> Barbacues	P Parking



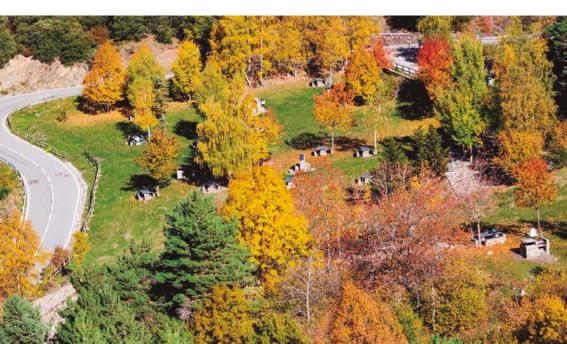














# **75** Activities with children

Children can also enjoy Andorra. The activities suitable for little ones includes horse **rides and nature trails**, among many other options.

The country is full of pleasant easy walks, like the **Rec del Solà Trail or the Iron Route**, a fun educational activity in which parents and children up to 12 can find out about the rich cultural and natural heritage of the area. Also, in the **Sorteny Valley and Comapedrosa Valley** nature parks, you can take guided tours to discover the flora and fauna that are typical of the area.

The list of must-visits for families with children includes doing the Macarulla trails such as the Menarions route or the "Where are the Mushrooms?" route. Why not give horse riding a try? Here, everything's possible.

Have you ever heard of the Tamarros? Some say they don't exist and that they were invented to play tricks on gullible people, but there are many that really do exist! There's one hidden in the forests and meadows of each parish. Find them all! Before starting your search, pop into one of the tourist information offices belonging to our network and they'll give you a book/card about the *Tamarros* (creature from Andorran legends). As you find them, you can mark them with the corresponding symbol. Once you've found all the *Tamarros*, hand in your book/card to the nearest tourist information office to receive a prize.

- 77. Making your way...
- **79.** Discover flora, fauna and historic trails
- 79. The world looks different on horseback...
- **80.** Guaranteed enjoyment in superb natural surroundings
- 80. And there's still much, much more...

<sup>76.</sup> Macarulla



# MACARULLA: MAGICAL LITTLE TRAILS

The little ones now have new trails created just for them so they can have a go at hiking and get close to nature easily and safely. **The Macarulla routes** are easy, circular, short trails. They're designed to encourage children to walk while having fun, with a host of activities and items hidden along the circuit.

#### O The Menairons' Forest

On this route, you can explore the fantastic world of these mythical creatures that live in Andorra's forests.

How to get there: CG-4, Km 8.5 Pal-La Massana (towards the Pal Arinsal resort)

#### • Where are the Mushrooms?

A circular route that brings the little ones closer to the world of mushrooms that appear in our forests every season. How to get there: Crta. de Montaup, CS240 Km 7.8 - Bosc del Som – Canillo

#### **•** The Witch Quela's potion

A circular walk to explore the world of witches in a fun way.

How to get there: Les Fonts car park, CS-200 (Ctra. d'Engolasters), Km. 6

#### **Q** Tracks and footprints

A route that allows little ones to discover the native fauna of the Principality in their role as an explorer.

How to get there: Pleta dels Orris path recreation area Ctra. dels Cortals d'Encamp s/n AD200 Encamp

Discover other Macarulla routes at visitandorra or at the tourist information offices.

www.visitandorra.com

# MAKING YOUR WAY...

For an excursion with your children, don't miss out on these gentle, enjoyable, one to twohour walks:

#### • Obac Route

How to get there: 500 m after C-101 route. (Andorra la Vella)

#### Red cockerel route

How to get there: Take CG-2 to the Canillo car park – the route begins by the phone booth. (Canillo)

#### Q Lake Engolasters

How to get there: 1. Ctra. d'Engolasters (Escaldes-Engordany)

2. Ctra dels Cortals d'Encamp, km 2-3 (Encamp)

#### **9** Iron route

The Iron Route to Andorra is part of the crossborder Pyrenean iron route, awarded by the Council of Europe.

How to get there: CG-3, Llorts town on the right, start of iron mines.

**Iron Route on your back:** The Iron Route on your back is a fun, educational activity designed for families with children from 7 to 12 years. (Ordino)

#### **9** Healthy Way for Human Rights

A path that begins in Sant Julià de Lòria and ends in Ordino.

How to get there: Av. Francesc Cairat - Av. Rocafort (start at Av. Francesc Cairat, going up



until you get to Serrat). (Sant Julià de Lòria)

# ♀ Search for it (Vall d'Incles)

Let us suggest a game for you and your family or friends. It involves exploring the six major trails through the Vall d'Incles, and having fun, playing games and winning prizes along the way. (Canillo)

#### **Q** Incles by Backpack

10 activities to help children discover the Vall d'Incles. (Canillo)

#### Incles Valley Permanent Orienteering Course

Discover one of the most valuable heritage sites in Canillo in a different way, by doing the Incles orienteering course! (Canillo)

#### **9** Solà Irrigation Canal

The Solà irrigation canal in Andorra la Vella is one of the two viewpoints along the Anella

Verda (Green Ring) and one of the parish's green lungs. The irrigation canal trail is flat and easy, making it ideal for families. There is a viewpoint and refreshment point in the middle of the route. The trail is a great place to take in the huge botanical and geological variety of the mountains. Guided tours available during the summer months. (Andorra la Vella)

#### • Comapedrosa interpretative trail

A circular trail through the Vall del Comapedrosa, where both children and adults can discover the valley's secrets. The trail can also be combined with geocaching, which is a fun activity for all the family. Children will also be given an Explorer's Diary: a fun book filled with games. (La Massana)

#### • Camí de les Pardines

On the Camí de les Pardines you can do the Botanical Interpretation Circuit with 14 zones, each representing a different habitat of Pyrenees alpine, sub-alpine and mountainous ecosystems, and learn about the traditional uses of fruits, leaves, stems and wood. We recommend doing it between June and October to enjoy its most sublime moment. (Encamp)

#### Bosc Viu

A living forest easily accessed from the nearby village of Ordino. There is a kids area where they can learn the true story of the "tió de Nadal" which grows every year in the magical forest. (Ordino)

#### • The Circuit of the Springs

A place where you can spend a day with the family, go for a picnic, sunbathe, go on a cycling tour, go climbing, do a Via Ferrata, enjoy the acrobatic park in the middle of the forest, take part in an orienteering race, view the Romanesque architecture, discover the Madriu Valley (declared a World Heritage Site) and, ultimately, discover nature with all your senses. (Escaldes-Engordany)

#### CUB a CUB

Discover La Massana through various routes (Jobs, Animal Husbandry, Biodiversity, Dry Stone and Protective Forests), where you'll find specific content and photos for each one. (La Massana)

#### PROFESSIONAL GUIDES (p. 100)

100% Natura Natura i Aventura Andorra 3000 Mountain Naturland Escaldes-Engordany Guides Tourist office Boscúria La Massana Tourist office CM-Experience Ordino Tourist office **Ensagents Aventures** Parc Natural Sorteny Epic Andorra Pal Arinsal Esports Altitud Pas a Pas Experiència en Muntanva Peu de Gat Fell Andorra Roc Roi Guies Muntanya Adictes Isard Wildland Visit Autèntica VSI Sport La Moixera, Educació Xavi Bonatti Ambiental Xplorand MTB Aventures My World of Experiences



#### DISCOVER FLORA, FAUNA AND HISTORIC TRAILS

The Sorteny Valley and Valles del Comapedrosa Natural Parks are perfect for discovering all the secrets of the resident flora and fauna with the aid of expert guides who will help your children become enchanted with nature.

Make sure you visit the Vall del Madriu-Perafita-Claror UNESCO World Heritage site, the Engolasters hydroelectric trail, and the Cortinada Nature Centre.

### THE WORLD LOOKS DIFFERENT ON HORSEBACK...

Who hasn't dreamed of riding on horseback like a indian? Make your dream come true with one of the available horseback excursions. Choose between incomparable scenery and historic trails...

#### PROFESSIONAL GUIDES (p. 100)



CM ExperiencieNaturlandEnsagents AventuresPal ArinsaFeel AndorraPas a PasGuies Muntanya AdictesPeu de GGuineu BlancaEscaldes-Isard WildlandLa MassarAmbientalOrdino ToMTB AventuresXavi BonMy World of ExperiencesXplorandNatura i AventuraXplorand

Naturland Pal Arinsal Pas a Pas Peu de Gat Escaldes-Engordany Tourist office La Massana Tourist office Ordino Tourist office Xavi Bonatti

#### **PROFESSIONAL GUIDES**



Centre eqüestre Nòrdic Aventura (p. 41) Club Hípic l'Aldosa (p. 42) Canillo Tourist office (p. 114) La Massana Tourist office (p. 114) Naturland (p. 90)



#### GUARANTEED ENJOYMENT IN SUPERB NATURAL SURROUNDINGS

Wouldn't you love to spend the whole day enjoying open-air activities without having to worry about a thing? Visit our ski stations which, during the summer months, are converted into activities' centres where you can practise...

Archery, tubing, trampolining, ziplining, electric train rides, karting, animal park, toboggan run, geocaching... And the list of activities goes on!

# AND THERE'S STILL MUCH, MUCH MORE...

#### Canyoning, via ferratas, tree circuits...

If you're the adventurous type, don't miss the wide range of active tourism activities available for the over 6's!

#### Ice Palace...

Excitement guaranteed: ice skating, ice garden for the youngest members, etc...

#### 360° Extrem...

The biggest freestyle centre in Europe: skate, scooter, bmx, etc.

#### PROFESSIONAL GUIDES

Grandvalira Family Park Canillo (p. 84) Naturland (p. 90) La Massana Tourist office (p. 114) Pal Arinsal (p. 88)

#### **PROFESSIONAL GUIDES**

360 Extrem (p. 98) Activities organisations (p. 99) Palau de Gel (p. 94)

#### Activities with children

# Ski stations and other activities

During the summer, you're guaranteed to have fun in Andorra. During the warmer months, ski resorts become activity centres where the whole family can take part in their favourite sports and games, **from trampolining to karting**, to name just a couple of examples.

From May to September Andorra's ski stations forget all about the snow and become natural amusement parks, where you can have fun taking part in all kinds of activities.

Whether you're travelling with friends or family, the range of summer leisure activities offered by these resorts is a real invitation to adventure and fun. Can you imagine riding a cable car to the highest golf course in Europe? In Andorra you can!

82. Ski Parador Canaro83. Grandvalira86. Ordino Arcalís

87. Pal Arinsal 90. Naturland



# SKI PARADOR CANARO

The family atmosphere and real high-mountain surroundings are two of the major draws of these private pistes, where children and adults will find all the facilities they need to enjoy the winter snow. And in summer? There are **family outings with a guide** to discover the wonderful natural treasures of the area, one of its greatest attractions.



**General information** Tel.: (+376) 751 145 info@skicanaro.com www.skicanaro.com

#### **Technical information:**

Altitude: 1,750 m Skiable area: 3 ha Total number of slopes: 2 (beginners) Ski lifts: 2 Snow cannon: 15

#### Services:

- Ski and snowboarding school Private classes Qualified instructors Level tests and badges Equipment hire Left luggage Restaurant Snack bar Panoramic terrace
- Outdoor car park

Ski stations and other activities



# GRANDVALIRA

Skiing isn't the only thing you can do in Grandvalira. **Southern Europe's largest resort** offers a huge range of activities for endless enjoyment.

In the winter, be tempted by new sensations as you drive **snowmobiles**, have a go at **mushing**, soar along a **zipline** and much more.

Visiting Andorra in the summer? You'll find hiking trails, golf and Mon(t) Magic, a family-friendly park with kayaks, archery, ponies, bouncy castles... and a whole lot more!

And throughout the year, Grandvalira's mountain cuisine is sure to get you taste buds tingling!



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#### SUMMER ACTIVITIES

#### Acrojump trampolining

**Children's area:** Slides and other play equipment, bouncy castles, ball pit and outdoor play area with giant board games.

#### Bigairbag

#### Electric vehicle circuit

**Circuit Fornatura:** educational route featuring flora and fauna

Trampolines

Màgic Gliss alpine slide

Mini golf

Pony trekking

Archery

Zipline

Tubing

**Explore Games** 

Red shark

Quickflight

Push bike

#### $\gg$ Water activities:

Kayaks Canoes Water skates

Food and drink: Forn de Canillo Pessons (Grau Roig) Brúixes (Canillo)

0



golf www.grandvalira.com

GRANDVALIRA Grandvalira Family Park Canillo www.grandvalira.com



#### WINTER ACTIVITIES

Mushing Riding snowmobiles Circuits and activities for groups and businesses Snowshoes Zip line Snow tubbing Panoramic views in a helicopter Paintball Archery and carbine Building igloos Cross-country skiing circuits Magicgliss tobogganing Snake Gliss

#### Services:

**restaurants** 60 eating establishments

**skiing and snowboarding school** 1 ski school with 6 locations and more than 400 qualified instructors

for the littlest ones Six theme-based areas Children's school (day care and snow gardens)

5 medical centres

**15 car parks** 11 Covered and 4 open car parks **Shop and equipment hire** 



# **ORDINO ARCALÍS**

Nestled in the north-facing head of the Ordino Valley, this area has the best winter snow conditions.

The Ordino resort offers **442** hectares of skiable area, 30.5 km of slopes, 14 mechanical lifts with a capacity of 16,500 people per hour, a Doppelmayr D-Line gondola (2019), 101 artificial snow cannons, five self-managed places to eat, parking for 1,500 vehicles, two ski hire points, the Ski and Snowboard School and the prestigious Freeride School.

In the summer season, visitors and hikers can enjoy a panoramic journey in the Tristaina gondola to Coma del Forat, the ideal base camp for nature activities. There's also the option to go on an excursion to **the Tristaina lakes** or experience Andorra's highest chair lift (up to 2,625 m) to take in the views of Andorra, France and Spain surrounded by mythical peaks such as Pica d'Estats (3,143 m).

#### WINTER ACTIVITIES



Ski mountaineering Snowshoeing Snowmobiles Tristaina solar Viewpoint Heliski Experience Scenic helicopter flight Crossblades Evening dining experiences Out-of-the-ordinary experiences: Epic Andorra

#### SUMMER ACTIVITIES

Panoramic Tristaina Gondola ride E-bike hire Ride on the highest chair lift in Andorra Gicafer excursion Quad adventure Tristaina solar Viewpoint Mountain dining



Ski stations and other activities

General information Tel.: (+376) 891 820 www.ordinoarcalis.com



# **PAL ARINSAL**

**Pal Arinsal** offers a huge range of summer leisure activities for children and adults alike. The rope park, the orienteering course, the ziplines, karting and bike park are just some of the things on offer.

Looking for more children's entertainment options? Pekepark is haven for the youngest members of the family. Its play elements are designed to help little ones discover the surroundings and have a great time.

In the winter, it goes without saying that **Pal Arinsal** turns into the perfect family resort where you can enjoy skiing and other winter sports, including activities in the snowpark, and snow buggy and snow bike adventures: Snowtrike.

Finally, don't forget that **Pal Arinsal** hosts three world cups throughout the year: the **ISMF World Cup Comapedrosa Andorra** in winter, and in summer, the **Mercedes-Benz UCI Mountain Bike World Cup** and the **Skyrace Comapedrosa**, a stage in the Skyrunner world series.



**General information** Tel: (+376) 891 815 www.palarinsal.com A



# SUMMER ACTIVITIES AT PAL ARINSAL

Virtual simulator	Slackline
Segway	Buggies
Explor Games	Bouncy castles
Airbag	Summer retrack
Big Zip	Adventure park
Kids' Zip	Karting

#### Pal Arinsal Bike Park Andorra:

Mountain biking Downhill mountain biking Cycle and equipment hire Wood Park Mountain biking school Pump track E-bike

#### **Mountain activities:**

Hiking Trips by cable-car and chairlift

# **\*** Children's activities:

Pekepark Bouncy castles Jump Electric train Push Bike Mini circuit for two wheels Adventure park Tubing Airbag







#### Services:

21 places to eat in Pal Arinsal

2 ski and snowboard schools, one in Pal and one in Arinsal

**2 baby clubs** for children ages 1 to 4 years old

**2 snow gardens** for children ages 4 to 8 years old

- 4 souvenir and gift shops
- 2 medical centres

5 external shops for renting and buying equipment

10 car parks with up to 5,545 spaces

Picnic areas (2 halls)

**4 ski storage spaces** (Pal, Coll de la Botella, Arinsal and La Massana)

2 left luggage areas

#### WINTER ACTIVITIES

Virtual simulator Explor Games Orienteering courses Sledge and tube slope Big Zip and tandem Big Zip Kids zip (zipline with curves) Snow retrack Scenic helicopter flight

Snow buggy

excuisions

Adventure park

Snowshoe

adventure

Skimo excursions

Snowtrike (snow mountain bike)

Snowpark

Night-time excursions

Snowmobiles for children



Ski stations and other activities



# NATURLAND

Naturland is an outdoor activities centre which combines leisure and active tourism on its facilities located in La Rabassa in Sant Julià de Lòria. It is open all year round and it changes its activities and services according to each season.

In this fully-equipped and safe environment, you can take part in mountain activities, always surrounded by forest, flora and native fauna. In winter, the activities on offer change, with the sector at 2000 m above sea level converted into an area for cross-country skiing, snowshoeing, MoonBikes (ultralight electric snowbikes) or snowmobiles where visitors can explore the paths and forests in the heart of some unparalleled landscapes. New mountain ski circuits or horse riding trails are also available.



General information: Tel. (+376) 741444 / 902 042 202 info@naturland.ad www.naturland.ad A

Booking centre: Tel. (+376) 741463 booking@naturland.ad



#### SUMMER ACTIVITIES

Airtrekk + zip line (adventure course)

Buggy obstacle courses Forest Line Esquirol circuit Naturland Bike Centre (MTB circuits) Guided hiking Equestrian Centre

#### **Y** Other activities for children:

Trampolines, children's entertainment workshops, farm area, Airtrekkids, mini zip line, ponies, etc.

#### Services:

At an altitude of 2000 m: La Borda Restaurant and La Cervesera

1600 m above sea level: a cafeteria; El Foc Restaurant; Xiriburguer; Xiricrep and Xiripizza.

Cross-country skiing school (winter)

Bike Centre school (summer)

Shop

Parking at an altitude of 1600 m and 2000 m

Accommodation: hostel at 1600 m above sea level and Borda de Conangle

#### WINTER ACTIVITIES

Cross-country skiing Snowshoeing Snowmobiles MoonBikes Nordic sledges Horse riding Tobotronc Airtrekk + zip line Forest line Esquirol circuit Children's activity area (play area + sledges + ponies)

# Equipment hire

(cross-country skiing, snowshoes, sledges)



Ski stations and other activities



# **Other not-to-bemissed activities**

Andorra has a very wide **range of leisure options**, including many types of activities other than walking and shopping. Would you like an exciting experience, or a relaxing time in unique surroundings? Both are possible here in Andorra. Let us tell you how!



94. Palau De Gel96. Caldea / Inúu

98. 360° Extrem



# ICF PALACE OF ANDORRA IN CANILLO

#### ICE RINK

You can enjoy a fun-packed afternoon skating and then do completely different activities at night, from kart racing on ice to burn up your adrenalin, to a hockey or football match on ice.

Admission for skating + equipment rental: €18 adults. €15.50 child (under 16 years).

> Family package: 1 adult + 1 child (admission and equipment rental): €28 Under 5 years of age free admission. accompanied by an adult.

Skating Menu: Skating+lunch (per person) Weekdays: €24.30 Public holidavs: €27.90

#### HEATED POOL WITH OUTDOOR SOLARIUM

At the pool, besides enjoying a day of sport and sun (the solarium is open in the summer months), you can have a go at a game of canoe polo with your friends! An unforgettable activity!

#### Admission for adults: €6.70

Admission for children: (Under 16 vears of age) €5.70

Family package: 1 adult + 1 child €11.30. Under 5 years of age free admission accompanied by an adult.

\*It is obligatory to wear a bathing cap



#### NIGHT-TIME ACTIVITIES AT THE ICE RINK

(advance booking required)

Children's kart racing on ice 8 to 15 years of age. Maximum height 1.60 m



Saturdays from 8:30 pm to 9:30 pm

10 minutes: €20.50 per person 2 x 10 minutes: €36 per person

Kart racing on ice Marked circuit series at the ice rink (under 16 years of age).



10 minutes: €22.50 per person

Kart racing on ice dinner

Timed race for groups of 7 to 14 people, combined with the dinner.



20 minutes: €53 per person

# Ice hockey dinner

With equipment rental included (under 16 years of age)



From 10:00 am to 10:00 pm

1 hour: €39 per person

Ballon-ballai dinner Playing hockey without skates and with a very special stick is possible!



1 hour: €39 per person

# Curling dinner

Discover the Olympic game! Groups in pairs to form two teams. From 6 persons.

1 €39 per person

#### **OTHER ACTIVITIES**

Outdoor tennis court

- Squash court
- Multi-sport court
- Multi-purpose court
- Auditorium and modular rooms

Palau de Gel: Tel.: (+376) 800 840 info@palaudegel.ad www.palaudegel.ad



# CALDEA IS A SPA WITH FOUR THEMED AREAS

#### TERMOLÚDIC THERMAL CENTRE, AGES +5

Discover indoor and outdoor lagoons, saunas and jacuzzis, and enjoy shows. Ideal for visiting with friends, as a couple or with the little ones.

#### LIKIDS, AGES 3-8

Exclusive spa for children where, as well as relaxing in the jacuzzi, they can do yoga, have a yoghurt face mask and play in the soft dunes with a team of qualified instructors.

#### Mediterrani Restaurant:

When you visit a spa that's not like other spas, your taste buds are also in for a treat. Entry doesn't including swimming equipment. Towels and bathrobes can be rented from the shop located on floor -1, where you can also buy single-use latex socks.

#### Caldea

Parc de la Mola, 10. AD700 Escaldes-Engordany 42°30'42.7"N 1°32'14.5"E Tel.: (+34) 902 932 025 · (+376) 800 999 booking@caldea.com www.caldea.com



#### INÚU SPA, AGES +16

Caldea's most exclusive spa is for adults only. Designed to achieve wellness in all its forms, here you can disconnect from the world while bathing in hot springs, taking part in relaxation workshops and enjoying innovative treatments.

#### Inúu: Private wellness

Inúu is the only centre of its kind to include Private Wellness: a private and exclusive spa for use by individuals, as a couple or for up to four people, offering a small sauna, hammam, showers with different jets, jacuzzi, heated hammocks for rest, as well as treatment areas.

#### ORÍGENS, AGES + 12

Traditional bathing areas with origins from all around the world. Access through the Termolúdic thermal spa centre when you buy a massage or Inúu entry.

#### S | For opening times and calendar: https://www.caldea.com/en/timetable

| Entry includes access to the Inúu,

Termolúdic and Orígens facilities; free bathrobe, towel and slipper hire; free wellness workshops; revitalising juices and smoothies.

# Siam Shiki Restaurant:

A careful selection of the most exquisite dishes from Japan and Thailand to delight your senses.



# ANDORRA FREESTYLE & JUMPING CENTRE

If you love sport, make sure to visit this indoor space, designed for all ages to have a good time all year round.

The activities available include: trampolines, snowboarding or skiing, gymnastics, parkour, skating and cycling. You can also practise in the bowl, on wooden ramps or snowflex jumps by falling into the foam block pool or onto trampolines. In the jumping area, you can practise jumps and do the best basketball slam dunk, play dodgeball and lots more.

This indoor centre has something for all the family, from babies to adults! You can also: celebrate a birthday with friends, take part in individual or group classes, use pitches and take part in other children's activities. Special activities are available for schools, groups and clubs.

#### General information

Av. Santa Coloma, 115. AD500 Andorra la Vella Tel. (+376) 828 566 info@360extrem.com www.360extrem.com

#### ACTIVITIES

#### Trampolines

Wooden ramps to practise jumps on bikes, skateboards, skates and scooters.

Snowflex ramps for ski or snowboard jumps Bowl

Gymnastics floor with mats

Dodgeball area (on trampolines)

Slam dunk area (trampolines with basketball hoops)

Kids corner (for children ages 0 to 3 years)

Equipment rental

Individual and group classes

Birthdays

Camps and guided activities

Snack bar with visits to facilities

Free parking

Merchandise

Other not-to-be-missed activities



Would you like to enjoy all these activities during your next stay in Andorra? Here is a **list of all the companies** that organise them, so you can pick the ones you like best. Take the plunge and try something new!



100. Companies and organisations



# SUMMER Guided Hiking

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Guidea Hikilig		
100% Natura	(+376) 345 705	natura100and@hotmail.com
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
Boscúria	(+376) 639 389	www.boscuria.com
CM - Experience	(+376) 355 131	www.cm-experience.com
Epic Andorra	(+376) 323 089	www.epicandorra.com
Esports Altitud	(+376) 328 357	www.esportsaltitud.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Feel Andorra	(+376) 379 107	www.feel-andorra.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Guineu Blanca	(+376) 355 451	www.guineublanca.com
Isard Wildland	(+376) 653 769	info@i-wildland.com
La Moixera, Ed. Ambiental	(+376) 335 468	lamoixera@andorra.ad
MTB Aventures	(+376) 342 850	www.mtbaventures.com
My World of Experiences	(+376) 322 379 🔘	www.myworldofexperiences.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Naturland	(+376) 741 444	www.naturland.ad
Of. Turisme Escaldes-Engordany	(+376) 890 881	oficinaturisme@e-e.ad
Of. Turisme La Massana	(+376) 835 693	www.visitlamassana.ad
Of. Turisme Ordino	(+376) 878 173	ot@ordino.ad
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Parc Natural Sorteny	(+376) 878 173	ot@ordino.ad
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Peu de Gat	(+376) 322 993	www.peudegat.com
Roc Roi	(+376) 687 734	www.rocroi.com
Visit Autèntica	(+376) 383 131	www.andorravisit.com
VSL Sport	(+376) 390 880	www.viusenselimits.com
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com
Xplorand	(+376) 377 029	www.xplorand.com

Guide of activities organisations

#### Mountaineering



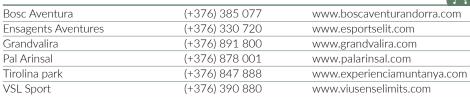
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
CM - Experience	(+376) 355 131	www.cm-experience.com
Epic Andorra	(+376) 323 089	www.epicandorra.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Isard Wildland	(+376) 653 769	info@i-wildland.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com

#### Orienteering



Bosc Aventura	(+376) 385 077	boscaventurandorra.com
Boscúria	(+376) 639 389	www.boscuria.com
CM - Experience	(+376) 355 131	www.cm-experience.com
Epic Andorra	(+376) 348 518	www.epicandorra.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Isard Wildland	(+376) 653 769	info@i-wildland.com
La Moixera, Ed. Ambiental	(+376) 335 468	lamoixera@andorra.ad
MTB Aventures	(+376) 342 850	www.mtbaventures.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Of. Turisme Escaldes-Engordany	(+376) 890 881	oficinaturisme@e-e.ad
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com
VSL Sport	(+376) 390 880	www.viusenselimits.com
Xplorand	(+376) 377 029	www.xplorand.com

#### **Adventure circuit**



Guide of activities organisations

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Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Grandvalira	(+376) 891 800	www.grandvalira.com
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Via ferrata		(*) *
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
Boscúria	(+376) 639 389	www.boscuria.com
CM - Experience	(+376) 355 131	www.cm-experience.com
Epic Andorra	(+376) 323 089	www.epicandorra.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Isard Wildland	(+376) 653 769	info@i-wildland.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Of. Turisme Escaldes-Engordany	(+376) 890 881	oficinaturisme@e-e.ad
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Peu de Gat	(+376) 322 993	www.peudegat.com
Roc Roi	(+376) 687 734	www.rocroi.com
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com
Climbing		( <del>)</del> <del>/</del>
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
Epic Andorra	(+376) 323 089	www.epicandorra.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Isard Wildland	(+376) 653 769	info@i-wildland.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Of. Turisme Escaldes-Engordany	(+376) 890 881	oficinaturisme@e-e.ad
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com

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Zipline

Canyoning		24
Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Roc Roi	(+376) 687 734	www.rocroi.com
Big wall climbing		( *
Epic Andorra	(+376) 323 089	www.epicandorra.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Wall climbing		*
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Epic Andorra	(+376) 323 089	www.epicandorra.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Of. Turisme Andorra la Vella	(+376) 750 100	www.andorralavella.ad
Of. Turisme Encamp	(+376) 731 000	www.encamp.ad
Of. Turisme Escaldes-Engordany	(+376) 890 881	oficinaturisme@e-e.ad
Of. Turisme Ordino	(+376) 878 173	www.visitordino.com
Mountain bike - Ebikes		No
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
Andorra bike tracks	(+376) 343 582	www.andorrabiketracks.com
Boscúria	(+376) 639 389	www.boscuria.com
CM - Experience	(+376) 355 131	www.cm-experience.com
Esports Elit	(+376) 330 720	www.esportselit.com
Isard Wildland	(+376) 653 769	info@i-wildland.com
MTB Aventures	(+376) 342 850	www.mtbaventures.com
Naturland	(+376) 741 444	www.naturland.ad
Of. Turisme Escaldes-Engordany	(+376) 890 881	oficinaturisme@e-e.ad
Pal Arinsal	(+376) 878 001	www.palarinsal.com
VSL Sport	(+376) 390 880	www.viusenselimits.com

Bike Park		O BP
Andorra bike tracks	(+376) 343 582	www.andorrabiketracks.com
Pal Arinsal Bike Park Andorra	(+376) 878 001	www.palarinsal.com
Mountain bike rental		1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.
Andorra bike tracks	(+376) 343 582	www.andorrabiketracks.com
CM - Experience	(+376) 355 131	www.cm-experience.com
Commençal	(+376) 737 475	www.commencal-store.com
Com nou	(+376) 816 199	www.comnouandorra.com
Couloir	(+376) 815 199	
Esports Elit	(+376) 330 720	www.esportselit.com
Esports Rossell	(+376) 837 056	www.esportsrossell.com
Esports Sant Moritz	(+376) 737 878	www.santmoritz.com
Horacero Adventure	(+376) 395 737	www.horaceroadventure.com
Naturland	(+376) 741 444	www.naturlandia.ad
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Pic Negre	(+376) 737 720	www.picnegre.com
Riders Boutique	(+376) 844 094	www.ridersboutique.com
Shusski	(+376) 731 530	www.shusski.com
Viladomat	(+376) 800 818/800 916	www.viladomat.com

# E-bike rental

Anem elèctric	(+376) 854 442	info@anemelectric.com	
CM - Experience	(+376) 355 131	www.cm-experience.com	
Esports Elit	(+376) 330 720	www.esportselit.com	
Viladomat	(+376) 800 818/800 916	www.viladomat.com	

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Golf		Ĩ.	
Golf Soldeu	(+376) 891 800	www.golfsoldeu.com	_

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Pitch & Putt		Pa
El Torrent	(+376) 738 613	www.xixerellapark.com
Golf Par 3	(+376) 850 400	www.ordinogolfclub.com
Horseback riding		
Centre Eqüestre Nòrdic Aventura	(+376) 739 500	www.hotelnordic.com
Centre Hípic l'Aldosa	(+376) 837 329 / 325 629	www.hipica-aldosa.com
Naturland	(+376) 741 444	www.naturland.ad
Archery		
Grandvalira Family park Canillo	(+376) 891 800	www.grandvalira.com
Naturland	(+376) 741 444	www.naturland.ad
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Roc Roi	(+376) 687 734	www.rocroi.com
Quads		. is
4x4Andorra - Mushing Pirineus	(+376) 655 889	www.mushingpirineus.com
Gicafer Nature Experience	(+376) 611 841	www.gicafer.com
Naturland	(+376) 741 444	www.naturland.ad
Ordino Arcalís	(+376) 739 600	www.ordinoarcalis.com
Karting		
Karting Marc Gené El Tarter	(+376) 327 357	www.circuit-andorra.com/home
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Buggies		
Buggy Andorra	(+376) 325 666 / (+376)	325 262
Gicafer Nature Experience	(+376) 611 841	www.gicafer.com
Naturland	(+376) 741 444	www.naturland.ad
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Paintball		
Paintball Tokat Aventura	(+376) 330 834	tokat@andorra.ad
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Gicafer Nature Experience	(+376) 611 841	www.gicafer.com
Nordic Walking		- T
Boscúria	(+376) 639 389	www.boscuria.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Guineu Blanca	(+376) 355 451	www.guineublanca.com
La Moixera, Ed. Ambiental	(+376) 335 468	lamoixera@andorra.ad
My World of Experiences	(+376) 322 379 🔘	www.myworldofexperiences.com
Naturland	(+376) 741 444	www.naturland.ad
Xplorand	(+376) 377 029	www.xplorand.com
Helicopter flights		
Heliand	(+376) 737 271	www.heliand.com
Pal Arinsal	(+376) 878 001	
ParAmsa	(+3/0) 0/0 001	www.palarinsal.com
Mushing		AT .
Grandvalira	(+376) 891 800	www.grandvalira.com
4x4Andorra - Mushing Pirineus	(+376) 655 889 / 660 501	www.mushingpirineus.com
4x4		6
4x4Andorra - Mushing Pirineus	(+376) 655 889 / 660 501	www.mushingpirineus.com
Gicafer Nature Experience	(+376) 611 481	www.gicafer.com
Isard Wildland	(+376) 653 769	info@i-wildland.com
My World of Experiences	(+376) 322 379 🔞	www.myworldofexperiences.com
Visit Autèntica	(+376) 383 131	www.andorravisit.com
Fishing		
100% Natura	(+376) 345 705	natura100and@hotmail.com

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My World of Experiences	(+376) 322 379 🔘	www.myworldofexperiences.com
Forest Bathing		
Be Forest	(+376) 650 857 🕥	www.in2theforest.com
Meditation in Nature		
My World of Experiences	(+376) 322 379 🔞	www.myworldofexperiences.com
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Forest and I	(+376) 744 045	www.santjulia.ad/turisme
We are "Tartera"	(+376) 750 100	info@oficinaturisme.ad

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Boscúria	(+376) 639 389	www.boscuria.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
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La Moixera, Ed. Ambiental	(+376) 335 468	lamoixera@andorra.ad
My World of Experiences	(+376) 322 379 🕥	www.myworldofexperiences.com
Naturland	(+376) 741 444	www.naturland.ad
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Helicopter flights		
Heliand	(+376) 737 271	www.heliand.com
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Mushing		Æ
Grandvalira	(+376) 891 800	www.grandvalira.com
4x4 Andorra - Mushing Pirineus	(+376) 655 889	www.mushingpirineus.com
Roc Roi	(+376) 687 734	aventura@rocroi.com
Snowshoes		
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
Boscúria	(+376) 639 389	www.boscuria.com
100% Natura	(+376) 345 705	natura100and@hotmail.com
CM - Experience	(+376) 355 131	www.cm-experience.com

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www.esportsaltitud.com

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Isard Wildland	(+376) 653 769	info@i-wildland.com
La Moixera, Ed. Ambiental	(+376) 335 468	lamoixera@andorra.ad
My World of Experiences	(+376) 322 379 🕥	www.myworldofexperiences.com
MTB Aventures	(+376) 342 850	www.mtbaventures.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Naturland	(+376) 741 444	www.naturland.ad
Ordino Arcalís	(+376) 739 600	www.ordinoarcalis.com
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Peu de Gat	(+376) 322 993	www.peudegat.com
Roc Roi	(+376) 687 734	www.rocroi.com
Visit Autèntica	(+376) 383 131	www.andorravisit.com
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com
Xplorand	(+376) 377 029	www.xplorand.com

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Ensagents Aventures	(+376) 330 720	www.esportselit.com
Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Grandvalira	(+376) 891 800	www.grandvalira.com
Ordino Arcalís	(+376) 739 600	www.ordinoarcalis.com

Snowmobiles		L.
4x4 Andorra - Mushing Pirineus	(+376) 655 889	www.mushingpirineus.com
Gicafer Nature Experience (Arcalís)	(+376) 611 841	www.gicafer.com
Grandvalira	(+376) 891 800	www.grandvalira.com
Naturland	(+376) 741 444	www.naturland.ad
Nepal Motos	(+376) 325 262	
Roc Roi	(+376) 687 734	www.rocroi.com

Mountain skiing		÷
Andorra 3000 Mountain Guides	(+376) 623 148	www.andorra3000.com
CM - Experience	(+376) 355 131	www.cm-experience.com

Epic Andorra	(+376) 323 089	www.epicandorra.com
Esports Altitud	(+376) 328 357	www.esportsaltitud.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Grandvalira	(+376) 891 800	www.grandvalira.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Pal Arinsal	(+376) 878 001	www.palarinsal.com
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Xavi Bonatti	(+376) 338 198	www.xavibonatti.com

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Grandvalira	(+376) 891 800	www.grandvalira.com
Isard Wildland	(+376) 653 769	info@i-wildland.com
La Moixera, Ed. Ambiental	(+376) 335 468	lamoixera@andorra.ad
MTB Aventures	(+376) 342 850	www.mtbaventures.com
Naturland	(+376) 741 444	www.naturland.ad
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Roc Roi	(+376) 687 734	www.rocroi.com

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### Freeride experience

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Grandvalira	(+376) 891 800	www.grandvalira.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Ordino Arcalís	(+376) 739 600	www.ordinoarcalis.com

# Snow tubbing

Grandvalira	(+376) 891 800	www.grandvalira.com	
Roc Roi	(+376) 687 734	www.rocroi.com	
Pal Arinsal	(+376) 878 001	www.palarinsal.com	

Paintball			-
Paintball Tokat Aventura	(+376) 330 834	tokat@andorra.ad	

#### Avalanche transceiver/ Shovel /probe training

100% Natura	(+376) 345 705	natura100and@hotmail.com
Boscúria	(+376) 639 389	www.boscuria.com
Epic Andorra	(+376) 323 089	www.epicandorra.com
Ensagents Aventures	(+376) 330 720	www.esportselit.com
Experiència en muntanya	(+376) 847 888	www.experienciamuntanya.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Grandvalira	(+376) 891 800	www.grandvalira.com
Isard Wildland	(+376) 653 769	info@i-wildland.com
MTB Aventures	(+376) 342 850	www.mtbaventures.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Pas a Pas	(+376) 358 399	www.guia-muntanya-pasapas.com
Roc Roi	(+376) 687 734	www.rocroi.com

Gicafer Nature Experience	(+376) 611 841	www.gicafer.com	
Mountain clothing manufa	cturers		
468 km2		www.468sports.com	
Cross-country skiing			
Ensagents Aventures	(+376) 330 720	www.esportselit.com	
Naturland	(+376) 741 444	www.naturland.ad	
Wellness Bath			C
My World of Experiences	(+376) 322 379 🔘	www.myworldofexperiences	

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Forest Bathing			£
Be Forest	(+376) 650 857 🔘	www.in2theforest.com	
Meditation in Nature			
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# **General information**

# CALLS TO ANDORRA FROM ABROAD

#### +376 international code for Andorra

Belgium: +32	Netherlands: +31
España: +34	Portugal: +351
France: +33	Russia: +7
Germany: +49	United Kingdom: +44

#### Organisations

Andorra Mountain Guides Association (AGAMA) Tel. (+376) 358 399

Andorran Pyrenees Club (CPA) Tel. (+376) 722 240

Andorran Mountaineering Federation (FAM) Tel. (+376) 890 384

#### Services

Weather Information www.meteo.ad

#### Useful telephone numbers

**Police: Station:** (+376) 872 000 - Emergencies: 110

Fire Brigade: Emergencies: 118

Nostra Senyora De Meritxell Hospital: (+376) 871 000

Medical Emergency Service (Sum): 116

National / International Telephone information: 111

Traffic Info: (+376) 1802 1802 www.mobilitat.ad

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# ANDORRA TOURIST OFFICES NETWORK

#### Canillo

Av. St. Joan de Caselles AD100 Canillo Tel. (+376) 753 600 vdc@canillo.ad www.turismecanillo.ad

#### Encamp

Plaça del consell 1 AD200 Encamp Tel. (+376) 731 000 turisme@encamp.ad www.encamp.ad

Funicamp (open depending on the opening of the Funicamp cable car) Av. François Mitterrand 87 AD200 Encamp Tel. (+376) 834 011 www.encamp.ad

#### El Pas de la Casa

Av. del Consell General AD200 El Pas de la Casa, Encamp Tel. (+376) 755 100 turismepas@encamp.ad www.encamp.ad

#### Ordino

Casa de la Muntanya C/Major n°20. AD300 Ordino Tel. (+376) 878 173 ot@ordino.ad www.visitordino.com

#### La Massana

Plaça de les Fontetes AD400 La Massana Tel. (+376) 835 693 turisme@comumassana.ad www.visitlamassana.ad

#### Andorra la Vella

Plaça de la Rotonda AD500 Andorra la Vella Tel. (+376) 750 100 info@oficinaturisme.ad www.visitandorra.ad www.andorralavella.ad

#### Sant Julià de Lòria

Plaça Laurèdia, s/n AD600 Sant Julià de Lòria Tel. (+376) 744 045 turisme@comusantjulia.ad www.santjulia.ad/turisme

#### Escaldes-Engordany

Pl. Santa Anna AD700 Escaldes-Engordany Tel. (+376) 890 881 oficinaturisme@e-e.ad www.e-e.ad

#### Foreign tourist offices

#### Madrid

Alcalá, 73 28009 Madrid Tel.: (+34) 91 431 74 53 embajada@embajadaandorra.es ambaixada\_espanya@govern.ad www.exteriors.ad

#### Lisboa

#### Ambaixada do Principado de Andorra em Portugal

Rua do Possolo, 76, 2° 1350-251 Lisboa Tel.: (+351) 21 391 37 40 ambaixada\_portugal@govern.ad www.exteriors.ad

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